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<td>ANTI-DOPING POLICY AND REGULATIONS</td>
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My dream is about to come true. In the last few months a number of people have worked together day and night to give shape to this dream called Hero Hockey India League. In the inaugural season we will have five teams which will play 34 matches at five different venues.

With the start of this professional hockey league in India, our domestic players will get benefit and exposure while playing with 50 international players from ten countries. These include top stars like Jamie Dwyer (Australia), Teun de Nooijer (Netherlands) and Moritz Fuerste (Germany).

I thank all the five franchises who have shared my dreams to make it their dream as well to secure the winning goal on a hockey field.

I would like to thank International Hockey Federation (FIH) for their continuous support for creating a special window for HIL in international calendar. I also express my gratitude to member countries of FIH for releasing their players to participate in the league.

I reserve a special mention for Hero MotoCorp who are the title sponsors for this league and I also like to thank all other sponsors and partners for believing in the game of hockey.

I hope that all players will compete in the spirit of fair play and friendship. Let the game begin.

Warm Regards
Dr Narinder Batra
Chairman, Hero Hockey India League
Secretary General, Hockey India
I would like to congratulate Hockey India for floating a professional hockey league which is a step in the right earnest to bring back the glorious era of Indian Hockey.

To my mind, this is just a beginning for Hockey India and I feel that there is still a long way to go. I am extremely happy that big corporate houses have come forward to support the sport and players.

The competition will not only generate the best performances from all the five teams, but also fans will see world class hockey skills from players.

My best wishes to all the players and coaches for the inaugural season.

Arun Jaitley
Member, Advisory Board, Hero HIL
Leader of Opposition, Rajya Sabha
I appreciate the steps taken by Hockey India for initiating this league, which will not only provide Indian and international players with a salary to professionalise the sport but it will also provide an opportunity for all to improve their technical skills. This event is a milestone in Hockey India's efforts to regain our country's glory in world hockey. I am sure all participating players will showcase their talents to the best of their ability on the playing field during the course of the tournament. I wish all the teams the very best. May the best team win.

Mr. Rajeev Shukla
Member, Advisory Board, Hero HIL
Union Minister of State for Parliamentary Affairs and Planning,
Government of India
At the onset, I would like to congratulate Hockey India for taking a huge initiative to professionalise Indian Hockey. The first ever auction in hockey will go in the chronicles of sports history.

It's a joyful moment for players, coaches, officials, administrators, sponsors and fans to see a new dawn of Indian Hockey as all the stakeholders will benefit from the Hero Hockey India League.

The endeavour of Hockey India to resurrect Indian hockey has started giving results and the Hero Hockey India League is one of those outcome of hard-work of the last few years.

I wish Dr. Narinder Batra and his team a successful inaugural season. I also wish all the players a good luck for the tournament.

Mr. Rajat Sharma
Member, Advisory Board, Hero HIL
CEO, IndiaTv
HERO HIL Staff

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<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lokesh Sharma</td>
<td>Managing Director - TCM</td>
<td><a href="mailto:lokeshsharmatcm@gmail.com">lokeshsharmatcm@gmail.com</a></td>
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</tr>
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</tr>
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</tr>
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</tr>
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<td>+91 9873198305 <a href="mailto:rupert.rumney@fih.ch">rupert.rumney@fih.ch</a></td>
</tr>
</tbody>
</table>
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Ajay Rawat  
Director

Anurag Darshan  
Director

Dhruv Varshney  
Director
<table>
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# List of Technical Officials

<table>
<thead>
<tr>
<th><strong>Tournament Director:</strong></th>
<th>Barry ANDERSON</th>
<th>(ENG)</th>
</tr>
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<tbody>
<tr>
<td><strong>Assistant Tournament Directors:</strong></td>
<td>Claudio De SALE</td>
<td>(IND)</td>
</tr>
<tr>
<td></td>
<td>Iain McKAY</td>
<td>(SCO)</td>
</tr>
<tr>
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<td>Muneer MOHAMMAD</td>
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<tr>
<td></td>
<td>Howard POLLARD</td>
<td>(ENG)</td>
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<tr>
<td></td>
<td>Shakeel QURESHI</td>
<td>(IND)</td>
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<tr>
<td><strong>Technical Officers:</strong></td>
<td>Rakesh BHATIA</td>
<td>(IND)</td>
</tr>
<tr>
<td></td>
<td>Feeroz KHAN</td>
<td>(IND)</td>
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<tr>
<td></td>
<td>Rajendra SHELAR</td>
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<tr>
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<td>Ashutosh VERMA</td>
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<td>Faiyaz QURESHI</td>
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<tr>
<td><strong>Judges:</strong></td>
<td>Sonia BATHLA</td>
<td>(IND)</td>
</tr>
<tr>
<td></td>
<td>Davinder BHATIA</td>
<td>(IND)</td>
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<tr>
<td></td>
<td>Kalvin D’CRUZ</td>
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<td>Khalid HUSSAIN</td>
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<td></td>
<td>Avinash SRIVASTAVA</td>
<td>(IND)</td>
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<tr>
<td><strong>Umpires:</strong></td>
<td>Michael EILMER</td>
<td>(AUT)</td>
</tr>
<tr>
<td></td>
<td>Murray GRIME</td>
<td>(AUS)</td>
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<tr>
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<td>Anil KUMAR</td>
<td>(IND)</td>
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<td>Marcello SERVETTO</td>
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<td></td>
<td>Javed SHAIKH</td>
<td>(IND)</td>
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<td>Ripudaman SHARMA</td>
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<td></td>
<td>Gary SIMMONDS</td>
<td>(RSA)</td>
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<td>Suresh THAKUR</td>
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<td>Harsha VARDHAN</td>
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<tr>
<td><strong>Medical Officer:</strong></td>
<td>Lt Col Bibhu NAYAK</td>
<td>(IND)</td>
</tr>
</tbody>
</table>
Hero HIL TECHNICAL COMMITTEE

Role
The Hero HIL Technical Committee will be responsible for all technical matters relating to hockey, technical officials, umpires, field of play, field of play equipment, players equipment, rules (including approved variations), regulations, code of conduct and any other technical matters arising before or during Hero HIL.

Members
Steve Catton (Chair)
Barry Anderson
Claudius de Sale
Muneer Muhammad
Michael Nobbs
Jagbir Singh
Shakeel Qureshi
Martyn Gallivan (FIH) - ex-officio

Hero HIL APPEAL PANEL

Role
To consider and adjudicate on any appeals lodged by a team or individual participating in Hero HIL on any decision made by the Tournament Director to suspend an individual, or on any protest that has not been allowed by the Tournament Director.

Members
Martin Gotheridge (Chair)
Sonali Jaitley
Mariamma Koshy
Dhiraj Malhotra
Elena Norman
Steve Catton (Convenor)

Hero HIL MEDICAL COMMITTEE

Role
To consider and advise on all medical matters including treatment and recording of injuries, illness prevention, anti-doping, specification of medical facilities and personnel required at each venue, and any other medical matters.

Members
Bibhu Nayak (Chair)
DELHI
Major Dhyan Chand National Stadium

Ground Address,
Dhyan Chand National Stadium, India Gate Circle, New Delhi

Nearest Airport:
IGI International Airport

Distance From Airport:
15KM

Places of Interest:
Red Fort, Old Fort, National Arts Museum, Railway Museum, Qutub Minar
JALANDHAR
Surjit Singh Hockey Stadium

Ground Address,
Surjit Singh Hockey Stadium, Burlton Park, Jalandhar

Nearest Airport:
Sri Guru Ramadas Jee International Airport, Amritsar

Distance From Airport:
150KM

Places of Interest:
Jalandhar Haveli, Devi Talab Mandir
LUCKNOW
Maj Dhyan Chand Hockey Stadium

Ground Address,
Maj Dhyan Chand Hockey Stadium, Guru Govind Singh Sports College, Kursi Road,
Lucknow

Nearest Airport:
Chaudhary Charan Singh International Airport, Lucknow

Distance From Airport:
25KM

Places of Interest:
Bada Imambara, Chota Imambara, Residency, Roomi Darawaza
Mumbai
Mahindra Hockey Stadium

Ground Address,
Mahindra Hockey Stadium, Church Gate, Mumbai

Nearest Airport:
Chhatrapati Shivaji International Airport, Mumbai

Distance From Airport:
28KM

Places of Interest:
Gateway of India, Borivili National Park, Juhu Beach
Ranchi
AstroTurf Hockey Stadium

Ground Address,
AstroTurf Hockey Stadium, Morabadi, Ranchi

Nearest Airport:
Birsa Munda Airport

Distance From Airport:
12KM

Places of Interest:
Hundru Fall, Johna Fall, Fun Castle
First Floor

Second Floor
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<td>Oskar Deecke</td>
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<td>Imran Khan</td>
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<td>Danish Mujtaba</td>
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<td>Lloyd Norris-Jones</td>
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<td>South Africa</td>
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<td>Muhammad Rizwan (SR)</td>
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<td>Gurvinder Singh Chandi</td>
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<tr>
<td>Talwinder Singh</td>
<td>18</td>
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</table>
Yuvraj Walmiki
Age: 23 Position: Forward Country: India

Andres Mir Bel
Age: 25 Position: Midfielder Country: Spain

Bipin Kishor Kerketta
Age: 20 Position: Midfielder Country: India

Surender Kumar
Age: 19 Position: Midfielder Country: India

Muhammad Rizwan (JR)
Age: 17 Position: Midfielder Country: Pakistan

Gurbaj Singh
Age: 24 Position: Midfielder Country: India

Sardar Singh (Marquee)
Age: 26 Position: Midfielder Country: India

Rupinder Pal Singh
Age: 22 Position: Defender Country: India

Hans Raj
Age: 19 Position: Defender Country: India

Rahul Shilpkar
Age: 22 Position: Defender Country: India

Vikramjit Singh
Age: 17 Position: Defender Country: India

TaekeTaekema
Age: 32 Position: Defender Country: Netherlands

HEAD COACH - Ajay BANSAL
TEAM MANAGER - Ajit Pal SINGH

Team Kit Colour

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<td>Bharat Chetri</td>
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<td>Keshav Dutt</td>
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<td>Jaap Stockman</td>
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<td>Jamie Dwyer (Marquee)</td>
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<td>Kieran Govers</td>
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<td>Roger Padros</td>
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<td>Gurmail Singh</td>
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<td>Malak Singh</td>
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<tr>
<td>Ranjit Singh</td>
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<td>Shivendran Singh</td>
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Sukhdev Singh
Age 19  Position Forward  Country India

S V Sunil
Age 23  Position Forward  Country India

Rob Hammond
Age 31  Position Midfielder  Country Australia

Simon Orchard
Age 26  Position Midfielder  Country Australia

Lucas Rey
Age 30  Position Midfielder  Country Argentina

Nilakanta Sharma
Age 17  Position Midfielder  Country India

Gurinder Singh
Age 17  Position Midfielder  Country India

Jarmanpreet Singh
Age 16  Position Midfielder  Country India

Christopher Ciriello
Age 27  Position Defender  Country Australia

Mark Knowles
Age 28  Position Defender  Country Australia

Kashif Shah
Age 19  Position Defender  Country Pakistan

Ignace Tirkey
Age 33  Position Defender  Country India

HEAD COACH - Barry DANCER
TEAM MANAGER - Jagbir SINGH

Team Kit Colour

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<td>Socks</td>
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<td>Royal Blue</td>
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<td>Goalkeeper</td>
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<tr>
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<td>Red</td>
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<tr>
<td>Name</td>
<td>Age</td>
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<tr>
<td>Imran Butt</td>
<td>22</td>
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<tr>
<td>P R Sreejesh</td>
<td>24</td>
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<td>P Thirumala Rao</td>
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<tr>
<td>Sanjay Kumar Bir</td>
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<td>Faisal Saari</td>
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<td>Chinglensana Singh</td>
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<td>Sarvanjit Singh</td>
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<td>Satbir Singh</td>
<td>19</td>
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<td>Glenn Turner</td>
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<td>Anup Valmiki</td>
<td>18</td>
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<tr>
<td>Fareed Ahmed</td>
<td>23</td>
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<tr>
<td>M B Aiyappa</td>
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<td>Player</td>
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<td>Matthew Butturini</td>
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<td>Jonny Jasrotia</td>
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<td>Rashid Muhammad</td>
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<td>Suresh Topno</td>
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<td>Muhammad Tousiq</td>
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<td>Joel Carroll</td>
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<td>Sergi Enrique</td>
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<td>Sampath Kumar Maylaram</td>
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<td>Chandan Singh</td>
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<td>Gagandeep Singh</td>
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<td>Matthew Swann</td>
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**HEAD COACH** - Ric CHARLESWORTH  
**TEAM MANAGER** - Graham REID

**Team Kit Colour**

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<td>Socks</td>
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<td>Flo Green</td>
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<td>Age</td>
<td>Position</td>
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<td>Francisco Cortes</td>
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<td>Sushant Tirkey</td>
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<td>Stanli Victor Minz</td>
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<td>Amon Mirash Tirkey</td>
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<td>Parvinder Singh</td>
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<td>Prabhdeep Singh</td>
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<td>Floris Evers</td>
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<td>Moritz Fuerste (Marquee)</td>
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Ashley Jackson
Age 24  Position Midfielder  Country England

K. Kothajit Singh
Age 20  Position Midfielder  Country India

Arvind Kujur
Age 18  Position Midfielder  Country India

Birendra Lakra
Age 22  Position Midfielder  Country India

Manpreet Singh
Age 20  Position Midfielder  Country India

Austin Smith
Age 27  Position Midfielder  Country South Africa

Muhammad Irfan
Age 22  Position Defender  Country Pakistan

Fergus Kavanagh
Age 27  Position Defender  Country Australia

Justin Reid-Ross
Age 26  Position Defender  Country South Africa

Amit Rohidas
Age 19  Position Defender  Country India

Sukhmanjit Singh
Age 19  Position Defender  Country India

Sumit Topno
Age 19  Position Defender  Country India

HEAD COACH - Gregg CLARK
TEAM MANAGER - Banti SINGH

Team Kit Colour

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# TEAM PLAYER LISTING

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<td>George Bazeley</td>
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<td>Srinivas Rao Katharu</td>
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<td>Kumar Subramiam</td>
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<td>Malaysia</td>
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<td>M Gunasekhar</td>
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<td>India</td>
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<td>Jeroen Hertzberger</td>
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<td>Teun de Nooijer (Marquee)</td>
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<td>Siddharth Shanker</td>
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<tr>
<td>Pradhan Somanna</td>
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<td>P L Thimmanna</td>
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<tr>
<td>Nithin Thimmaiah</td>
<td>24</td>
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</tr>
<tr>
<td>S K Uthappa</td>
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<td>India</td>
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</table>
David Alegre  
Age: 28  
Position: Midfielder  
Country: Spain

Sander Baart  
Age: 24  
Position: Midfielder  
Country: Netherlands

Vivek Dhar  
Age: 24  
Position: Midfielder  
Country: India

Rocky Lohchab  
Age: 19  
Position: Midfielder  
Country: India

Pardeep Mor  
Age: 20  
Position: Midfielder  
Country: India

Eddie Ockenden  
Age: 25  
Position: Midfielder  
Country: Australia

Harjeet Singh  
Age: 16  
Position: Midfielder  
Country: India

Marcel Balkestein  
Age: 31  
Position: Defender  
Country: Netherlands

Luke Doerner  
Age: 33  
Position: Defender  
Country: Australia

V R Raghunath  
Age: 24  
Position: Defender  
Country: India

Harbir Singh  
Age: 22  
Position: Defender  
Country: India

Jolie Wouter  
Age: 27  
Position: Defender  
Country: Netherlands

HEAD COACH - Roelant OLMANS
TEAM MANAGER - Maneck KOTWAL

Team Kit Colour

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<td>Orange</td>
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<td>Goalkeeper</td>
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</tr>
<tr>
<td>White</td>
<td>Navy Blue</td>
<td>White</td>
<td>Lime Green</td>
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</table>
ACCREDITATION
ACCREDITATION RULES

1. ACCREDITATION CARD CLASSIFICATIONS

The Hero HIL accreditation program is classified into three different functioning areas running simultaneously.

- Central Card – Valid for all matches at all Hero HIL Stadiums.
- Local Card – Valid for all matches at specific venues.
- Other Card Types

The majority of card types to be issued will be either pre-determined by Hockey India or will be determined by interpretation of the individual's application. It will be possible to upgrade cards from Venue Cards to Central Cards, but only if appropriately motivated and verified, and approved by Hockey India.

All personnel applying for accreditation can request the relevant category and specific matches (where relevant) and collection centre at point of application. The category requested will be approved on a case-by-case basis. Examples of this are tournament officials such as Hockey India tournament organizers and sponsors, who will for the most part be issued with Central Cards, except for those casual staff who are employed to work at particular venues or for a specific match.

Zone privileges will be allocated on a pre-determined basis. Default zones may be upgraded or downgraded only by Hockey India as appropriate.

Any amendments or feedbacks should be directed to Miss Meenakshi Bhagat (Hero HIL.accreditation2013@gmail.com) cc to Dr Narinder Batra on (baltic@airtelmail.in) who will update and re-circulate the document, post discussion with Hockey India.

The Terms and conditions for the Accreditation are as follows:

**TERMS AND CONDITIONS**

This pass remains the property of HOCKEY INDIA and is subject to the tournament accreditation terms and conditions.

This pass must be worn and clearly displayed at all times. It is issued to facilitate access to restricted areas of a venue for a specific work function.

The pass holder is not entitled to a seat in the stadium.

Heror HIL shall not be liable for any personal injury or accident to the holder, loss or damage to the holder’s property.

This pass is not transferable and as the property of Hero HIL must be surrendered on request to an authorized representative of Hero HIL.

2. LOST CARDS POLICY

The loss of any Accreditation Card must be reported in person at the Accreditation Centre. A police report, supported by a sworn affidavit, may be required for anyone having lost/misplaced their Card. Details will be taken by the Venue Accreditation Manager who will immediately note the lost Card within the accreditation database and then submit via email a report to the Hero HIL Venue Manager. They will discuss with the various interested parties before making the decision as to whether a Card can be re-issued.

In the event that a replacement Card is to be issued, the Venue Accreditation Manager will issue a replacement Card with the same access privileges as on the original Card.
If a central Card is to be re-issued, dependent upon time pressures in the Accreditation Centre, 24 hours’ notice may be required. In the event that a replacement Card is NOT issued, the individual will be escorted by security from the ground. For every Card reissued, HI/Franchisee will charge a fee of INR 500.

**Accredited areas and Zone description:**

- **ZONE 1** General Venue Access
- **ZONE 3** Broadcast facilities
- **ZONE 5** Photographers Area
- **ZONE 2** Hospitality Areas
- **ZONE 4** Media Centre
- **ZONE 6** Players, Match Officials, Practice Areas and Field of Play

<table>
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<td>PMOA</td>
<td>Local and Central officials</td>
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<td></td>
<td></td>
<td>Service providers &amp; Maintained staff</td>
</tr>
<tr>
<td>RED</td>
<td>Players</td>
<td>Players / Team Officials</td>
</tr>
<tr>
<td>RED</td>
<td>Match Officials</td>
<td>Umpire / Tech Officials</td>
</tr>
<tr>
<td>PURPLE</td>
<td>Host Broadcaster</td>
<td>TV Crew</td>
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<tr>
<td></td>
<td></td>
<td>TV Commentator</td>
</tr>
<tr>
<td>YELLOW</td>
<td>Media</td>
<td>International media photographer</td>
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<tr>
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<td>Print Media</td>
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<tr>
<td></td>
<td></td>
<td>Non rights holder broadcasters</td>
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<td>GREEN</td>
<td>Hero HIL Guest</td>
<td>Hero HIL Guests / Directors</td>
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<td>LIGHT BLUE</td>
<td>Hero HIL Sponsors</td>
<td>Sponsor Staff</td>
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<tr>
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<td>Stadium Implementation</td>
<td>Hero HIL Approved Vendors for all stadiums</td>
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<td>Accreditation Staff</td>
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<td>BLUE</td>
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<td>Advisory and Governing Council Members</td>
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<td>PINK</td>
<td>Hero HIL Org. committee</td>
<td>Hockey India Staff</td>
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<tr>
<td>MAGENTA</td>
<td>Franchise Management</td>
<td>Team Management and support staff</td>
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<td>LIGHT GREEN</td>
<td>HI Exe Board, HI Member</td>
<td>Hockey India Exe Board and State Unit Members</td>
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<td>DARK BROWN</td>
<td>HI STAFF</td>
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# Venue Media Coordinators

<table>
<thead>
<tr>
<th>S.No</th>
<th>Name</th>
<th>Designation</th>
<th>Contact No.</th>
<th>Email</th>
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## Press Conferences Plan

### Pre- Match Press Conference:
There will be a pre-match press conference of all the teams a day before their match. This Press conference will take place just after the training session of every team at the Press Conference room set up at the stadium. Media will be informed about the training schedule well in advance.

### Post- Match Press Conference:
Post-Match press conference will take place daily ten minutes after the finish of the game. Coach/ Captain/ Outstanding performer will be available in the conference.

## Mixed Zone
The players and coaches of both the playing teams will be available in the mixed zone just after their match. Print and Electronic media accredited journalists will get entry for mixed zone once the match gets over.
SECURITY
OVERVIEW OF SECURITY, LAW & ORDER TRAFFIC MANAGEMENT SCHEME FOR HERO HOCKEY INDIA LEAGUE

AIM

**Security.** The ability of the local organising committees (franchise) to plan and implement an effective security strategy is one of an important element that contributes to the success of the event. It's a difficult balance to strike: too much security, can stifle the enjoyment of the event, while inadequate security will push the sport itself out of the headlines. Finding the balance is the most important goal. For an effective security plan to achieve its objectives, qualified and trained security staff are essential.

RESPONSIBILITIES

**Police.**

The following are the responsibilities of the respective Local Police:-

- For periphery security cover of venue
- Joint security actions - VVIPs / VIPs / media & players location
- Law & order and traffic management at airport, place of accommodation, competition venues, routes and places of tourist interest etc.
- Collection & evaluation of intelligence inputs
- Coordination with inter departmental agencies on issues having bearing on L&O, traffic and security

**Law & Order and Security Features to Ensure the following**

- Static deployment
- Foot and mobile patrols
- Deployment of quick response teams
- Check posts
- Anti sabotage check (on discretion of local police)
- Surveillance and observation measures
- Escorts & PSOs
- Access control
- Collection and analysis of intelligence
- Forensic teams
- CONTINGENCY EVACUATION PLAN

**Franchise.**

The following are the responsibilities of the franchise at the place of stay:-

- Access control
- Perimeter security
- Anti sabotage checks
- Sanitization of transport
- Security vetting
- Surveillance cameras
- Communication net etc.
Security at competition venues should cover

- Management of parking lots
- Regulation of traffic
- Segregation of competitors, VIPs & spectators
- Access control (entry to be regulated to specific zones)
- Barricading and security lighting
- Sanitization of ground and anti-sabotage checks
- Deployment on the ground and galleries
- Restricted access to players changing room & field of play

Points to be Considered for Traffic Management

- Identification and management of parking lots at places of stay / practice venues / competition venues
- Security cover and access control at parking lots
- Sanitization & check of vehicles, under carriages and left out baggage's.
- Escort vehicles for teams with communication net
- Verification of antecedents of the crew and transport providers
- Sanitization of routes
- Arrangements and placement of signage's
- Regulation of traffic to ensure smooth passage of the vehicles conveying participants, officials etc.

Security Cover During Transit – Players / Official. Coverage to be provided by franchise in coordination with the local police to routes from

- Airport to places of stay & back
- Places of stay to venue and back both during practice & competition schedules

Joint Command & Control Center. Joint Command & Control center should be organized. The center will operate with personnel from police, fire, stadium / internal security agency, medical, etc.

Equipment

**Recommended Regulatory Equipment to be Deployed**

- Signage's
- Barricades
- Dividers & cones
- Flickering batons
- Plastic lathies

**Recommended Communication Equipment**

- Mobile
- Handheld VHF sets
**Expectation From the Hired Internal Security Agency**

- Internal check and sanitization of all areas prior to start of practice session / matches
- Awareness of fire fighting arrangements
- Awareness of accreditation cards and the zones thereon
- Access control (entry to be regulated to specific gate / zones)
- Segregation of competitors, VIPs & spectators and restricting them to their specific zone / area
- Awareness of vehicle passes / stickers with colour code

**Information to be Shared Between Security Agencies & Police**

- Accommodation plan of technical officials
- Accommodation plan & programme of VIPs and categorized protectees
- Details of accommodation at the places of stay
- Travel plans of teams from places of stay to practice venues / competition venues and back
- Details of opening / closing ceremony
- Plans of conducting tours if any to places of tourist interest
- Departure plans
HERO HOCKEY INDIA LEAGUE 2013

MEDICAL GUIDELINES

The safety and health of the athletes is of paramount importance as well as priority number one during conduct of the HERO HOCKEY INDIA LEAGUE 2013. It is through the initiatives & prompt intervention of the designated medical personnel that the Hero HIL intends to ensure a relatively injury free competitive environment, monitor injury trends and conduct an exemplary clean game through a strict anti-doping program.

The Hero HIL designated medical personnel will comprise the following:

(a) Chief Medical Officer of the League (Dr Bibhu Nayak)
(b) Medical Officers of the League
(c) Venue Medical Officers
(d) Specialist Consultants (Orthopedic Surgeon, Neurosurgeon, Physician & Dental Surgeon)
(e) Paramedic Staff at venues

Roles of the Chief Medical Officer of the League

i. The Chief Medical Officer (CMO) is a registered medical practitioner with considerable experience as Team Doctor of the Indian National Hockey Team.

ii. The CMO is a member of the Hero HIL technical team at the tournament.

iii. The CMO is directly responsible to the Tournament Director (TD), and works in close co-operation with the Venue Medical Officers (VMO).

iv. The CMO serves as the conduit for the medical care of all those who may be involved with the tournament and is not expected to render care except in a medical emergency. The CMO can act as a doctor on the pitch if requested. The CMO has a direct responsibility for the medical care of appointed Hero HIL technical officials.

v. The CMO is responsible for ensuring (through the VMOs as appropriate) that all necessary medical related facilities are provided and procedures established.

vi. The CMO observes the Anti-doping sample collection procedures, if any, taking place.

vii. The CMO is responsible for ensuring distribution and collection of injury forms from medical personnel. At the end of the tournament the CMO supplies a full medical report to Hero HIL & FIH including a summary of the injury information.

viii. The CMO will be responsible for forming the Medical Committee on TUE & may also be asked to participate in FIH research projects.

Roles of the Medical Officer (MO) of the League

i. The Medical Officer (MO) is a registered medical practitioner.

ii. The Medical Officer (MO) is directly responsible to the CMO. The MO works in close cooperation with the CMO and assists in the smooth conduct of all medical matters at the tournament.
Roles of the Venue Medical Officer (VMO) of the League

i. The Venue Medical Officer (VMO) is a registered medical practitioner preferably from the Franchisee based city in which the home based matches will be taking place.

ii. The VMO is a member of the team of local Franchisee officials.

iii. The VMO is directly responsible to the CMO. The VMO works in close co-operation with the CMO and the local organisers of the competition.

iv. The VMO is responsible for organising and implementing the entire medical facilities available at the home team venue for the duration of the tournament from the arrival of the participating team members of the home team and away team to departure of the last person, including Technical Officials.

v. The VMO is responsible for ensuring the arrangements for liaison with referral hospital, provision of ambulance, specialist care, medical coverage of every game played, sufficient availability of medication and access to these as well as relevant communications.

vi. The VMO provides support for the CMO as and when required by the CMO.

Specialists Consultant

The following specialist should be designated by the local franchisee and facilitate the availability of their services as and when required by either the home or away team on payment basis.

- Orthopedic Surgeon
- Neurosurgeon
- Physician
- Radiologist
- Dental Surgeon

Specification of Medical Facilities at the Venue

Personnel

- A local doctor must be on duty at the competition field of play during all matches and training sessions of both home and away teams.
- Stretcher bearers must be on duty at the competition field of play during all matches.
- Persons allocated with responsibility to clean pitch of blood stains.
- Dental emergency facilities (e.g., a dentist nearby).

Equipment

The provision of the following equipment is required beside each of the competition fields of play.

- Stretcher at or near the Technical Officials' table.
- Seating for stretcher bearers.
- Spinal board (in case of neck/spinal injury).
- Wood, aluminum or air splints for fractures of upper or lower limbs.
• Ambulance service (fully equipped, with unobstructed access to the field of play and for exit from the venue).
• Provision of a stand by ambulance in case the main ambulance is deployed for the evacuation of an athlete.

First Aid Room
Supervised by Venue Medical Officer (VMO) on duty. Must be set up and equipped with
• Dedicated area and desk for Chief Medical Officer and Venue Medical Officer.
• Two treatment tables.
• Adequate lighting.
• Facilities for suturing cuts.
• Sterile / non-sterile bandages (e.g. elastic bandages), slings, band-aid type dressings, tapes.
• Basic medicines.
• Analgesics (oral and injectable) including morphine, medicines for gastrointestinal disorders
• Oxygen and means of administering it.
• Intravenous equipment and sterile fluids for treatment of severe heat exhaustion in tropical zone only).
• Adequate splints and availability of morphine are essential.
• Means of disposal of used sharp, sterile and non sterile equipment.
• Defibrillator for cardiac emergencies.
• Ice bath Facilities (in Team Changing Rooms).

Medical Facilities at Team Hotels
• Provision of adequate space for each team's physiotherapist to treat members of the team will be the responsibility of the concerned franchisee.
• Provision of medical facilities in residence (ie day and night), in particular availability of VMO, Specialists on call in case of emergency or for post match consultation will be the responsibility of the local franchisee.
• Identification of a referral hospital in case of emergency, post match consultation with specialist or conduct of investigative procedures will be facilitated by the local franchisee. However the actual cost of the medical facility availed will be borne by the respective franchisee.
• Arrangement of masseurs for the away team will be the responsibility of the concerned franchisee.

Anti-dope Testing Facility
A doping control area (Doping Control Centre) must be provided at the competition venue. It should comprise of a waiting room, a doping control room and a toilet facility. This area must be secure, private and reserved solely for anti-dope testing purposes. Only individuals involved with testing are permitted entry
to the Doping Control Station. Ideally the waiting room, doping control room and toilet are adjacent. The required material as mentioned in the operative FIH Anti-doping Regulations document applicable at the date of the commencement of the competition must be available together with relevant WADA documents (e.g., Prohibited List and International Standard for Testing).

**Waiting Room containing**
- Seating for athletes, athletes representatives, and chaperones.
- Facility for sealed drinks (esky/cool box or refrigerator).
- Garbage bin.

**Doping Control Room**
Must be highly secure and lockable. Ideally the room is to be adjacent to the waiting room and the toilet. The Doping Control Room should contain.
- Lockable fridge.
- Table and three (3) chairs (Doping Control Officer, athlete, athlete’s representative).
- Forms to notify athletes and for Doping Control Records.
- Laboratory collection acknowledgement forms and chain of custody forms.
- Trained personnel (including Dope Control Officer and with all staff suitably accredited) to monitor and chaperone the athlete selected to be tested.
- Sufficient collection bottles/kits.

**Toilet**
Should be large enough for the DCO to be able to directly observe the competitor providing the sample. A disabled person’s toilet is ideal but not essential.

**Therapeutic Use Exemption**
- Note that as per the FIH/HI Anti-doping Regulations, it specifies that athletes requiring a TUE should have submitted applications at least 60 days prior to the start of the tournament.
- In practice, the FIH Medical Committee has acknowledged that 30 days is sufficient. Hence the same TUE policy will be applicable during the conduct of Hero HIL 2013.
- If an athlete makes a late application during the tournament the Hero HIL cannot guarantee that the exemption will be processed and the exemption granted. Consequently, the athlete could be selected for anti-dope testing and if a positive test is recorded would be subject to penalties provided in the FIH/HI Anti-doping Regulations.
- If a medical condition develops during the course of the tournament requiring use of a substance or method on the WADA Prohibited List, a TUE application supported by the appropriate medical evidence or a declaration may be required (e.g., for administration of Glucocorticosteroids by non-systemic routes). Ensure that all medical personnel are aware of when a declaration is required.
Care of Umpires
An appropriate facility/ability to treat and care for the umpiring panel, including massage facilities with local physiotherapists should be available for all the officials under the supervision of the Venue Medical Officer.

Documentation
- Daily Medical incidence reports will be forwarded to the CMO.
- Match Injury Report will be initiated by the VMO/ MO & forwarded to CMO.
- Team Doctors / Team Physios need to update on the status of players seriously injured.
- Team Report - Injury Summary will be initiated by Team Doctor/Team Physio.
- CMO's decision on medical matters will be final.

Financial Implications
- The provision of the Medical Room at the venue, adequate medical cover during:
  - conduct of competition, emergency referral services at a tertiary care hospital;
  - rendering the availability of services of Venue Medical Officer will be the responsibility of local franchisee.
- Cost of post match investigations and consultations at the tertiary care referral hospital will be borne by the respective franchisees.
  - It is recommended that the players should be medically insured by the respective franchisees.
- Boarding, lodging & transport of CMO will be taken care by Hero HIL.
- Cost for the conduct of Anti-doping tests will be borne by Hero HIL.

Dr Bibhu Nayak
Chief Medical Officer
Hero Hockey India League
Tel: +91 9627 476903
1. Regulations Of The Hero Hockey India League

1.1 The Hero Hockey India League (Hero HIL) is an annual event held in India and sanctioned by the International Hockey Federation (FIH).

1.2 The Hero HIL will be conducted in accordance with the Hero HIL Competition Plan - see Appendix 1.

1.3 The Hero HIL will be conducted in accordance with the Rules of Hockey in force on the first playing day of the League except as contained within these Regulations or as varied by Appendix 2 to these Regulations.

1.4 The Hero HIL Regulations will be published on the Hockey India website (www.hockeyindia.org). A copy of these Regulations will be sent to the participating teams by Hockey India prior to the start of the League. In addition, Hockey India will make copies available for the participating teams and the tournament officials at the pre-competition briefing meetings.

1.5 The Hero HIL Code of Conduct, established to create awareness of and accountability for the promotion of the game of hockey amongst all Hero HIL participants, will apply in full at all times. This document will be made available to all Hero HIL participants.

1.6 The Hero HIL Image Rights Policy, established to allow Hero HIL and Hockey India to use images taken during Hero HIL, will apply in full at all times. The policy is included in the Hero HIL Code of Conduct and will be made available to all Hero HIL participants.

2. League Officials

2.1 A Tournament Director shall be appointed by Hockey India. The Tournament Director shall have the full power and authority in relation to all matters concerning the conduct of all participants in the Hero HIL in accordance with the Rules of Hockey and these Regulations.

2.2 The Tournament Director shall appoint the Umpires (including the Video Umpire when applicable), Assistant Tournament Directors, Technical Officers and Judges for each match from among the persons appointed by Hockey India to officiate in Hero HIL.

2.3 An official of a participating team is not permitted to be a technical official or umpire in the Hero HIL.

2.4 The Tournament Director shall ensure that all participants abide by the Hero HIL Code of Conduct and has authority to take appropriate action in accordance with the Code.

2.5 The Tournament Director may delegate the exercise of his powers and authorities to an Assistant Tournament Director at each Hero HIL venue in whole or in part and for such duration as the Tournament Director deems necessary.

3. Team Entry

3.1 A maximum of twenty four (24) players may be entered by each participating team of whom no more than 10 may be overseas (non-Indian) players. Teams are encouraged to select at least 3 goalkeepers in case of injury. See Appendix 3 for the official Hero HIL Team Entry Form.
3.2 The Official Hero HIL Team Entry Form must be completed by all participating teams and submitted to the Hero HIL Competitions Director no later than 31 December 2012.

3.3 The Team Entry Form must include:

(a) the full names and nationality of up to 24 players selected to participate in the Hero HIL identified by their respective playing shirts numbered within the range 1-32;

(b) the name of the Team Manager (not being the Head Coach, Assistant Coach or Team Medical Doctor);

(c) the name of a Stand-in Team Manager (not being the Head Coach or Team Medical Doctor), who will take over the duties and responsibilities of the Team Manager if nominated to be the Team Manager for a particular match, or if the Team Manager is incapacitated or suspended;

(d) the name(s) of the Head Coach, Assistant Coaches, Trainer, Physiotherapist and Team Medical Doctor, if present and wishing to be authorised to sit on the team bench during a match (subject to the restrictions stated in Regulation 5);

(e) details as to the primary and alternate colours of field players clothing (the primary set must comprise of at least 80% single colour per piece and the alternate set must consist of a colour(s) completely different from the dominant one(s) in the primary set of shirts, shorts and socks;

(f) details as to the primary and alternate colours of goalkeeper’s shirts which must consist of colours completely different from the primary and alternate colours of their team's field players shirts, and at least one of which is different to the field players shirts of the opposing team.

3.4 Replacement players may be included in the Team Entry Form in accordance with the Hero HIL Player Replacement Policy. This policy allows teams to replace players who withdraw from the team due to injury, illness or personal circumstances.

3.5 Notification in writing of any amendment to the Team Entry Form must be submitted (by email) by the Team Manager to the Hero HIL Competitions Director not later than 2 days (48 hours) prior to the first match in which any new player will participate in the Hero HIL.

4. Pre-competition Briefing Meeting

4.1 The Team Manager, Stand-in Team Manager and Head Coach must attend the pre-competition briefing meeting with HIL and the Tournament Director at the time and place notified by Hero HIL. The Team Captain may also attend although this is optional.

4.2 Prior to the pre-competition briefing meeting the Team Managers are required to submit the completed Manager’s Declaration forms A and B to the Tournament Director (see Hero HIL Guidelines for Team Managers).
4.3 Team Managers must bring to the briefing meeting, or such other meeting(s) specified by the Tournament Director or Hero HIL Competitions Director:

(a) the passports (or the national identity cards for Indian players) of players for proof of identity and nationality;

(b) completed Acknowledgement and Agreement Forms (see Hero HIL Code of Conduct) required by the Hero HIL Code of Conduct, HI Anti-Doping Regulations, Hero HIL Image Rights Policy and Hero HIL Anti-Corruption Policy must be signed by each individual participant (all team members and officials, including players, managers, coaches, technical, medical and other support staff);

(c) samples of the clothing of their field players and goalkeepers (primary and alternate colours)

4.4 Team Managers must bring to the field of play, or such other place as determined by the Tournament Director, and at a time determined by the Tournament Director:

(a) all hockey sticks intended to be used by all players in the squad;

(b) all playing equipment, including any protective equipment to be used such as, but not limited to, face masks and hand protectors worn by field players;

(c) goalkeepers' headgear, hand protectors, leg guards and kickers.

5. Composition of a Team

5.1 A maximum of 20 players may be used by each team in each match, of whom 2 must be goalkeepers wearing full protective equipment. It is compulsory that each team must have a second goalkeeper available for each game they play in case of injury or suspension to the goalkeeper on the pitch.

5.2 If a player(s) is suspended by the Tournament Director for one or more matches then, for those matches, the number of players the team may use will be reduced by the number of players suspended.

5.3 No less than 2 and no more than 5 overseas (non-Indian) players may be on the pitch for each team at any time during the match, including the goalkeeper (also see Clause 9.4 regarding substitutions). If a shoot-out is played in a play-off match, no more than 3 overseas players may be used by each team to take a shoot-out. During a shoot-out, the goalkeeper can be of any nationality.

5.4 Each team must have a Team Captain who is responsible for the behaviour of the team players on the field of play or on the team bench during a match. The Team Captain must wear a distinctive armband at all times during a match. Upon suspension of the Team Captain, another player on the field of play or the team bench must take the armband and assume the role of Team Captain.

5.5 No later than sixty (60) minutes before the start of a match, each Team Manager must complete and submit in person the Hero HIL Team Declaration Form for that match to the appointed Assistant Tournament Director nominating:
(a) the eleven (11) players who will be on the field of play at the commencement of the match (see also clause 5.3 above);
(b) up to nine (9) players who are to start on the team bench (unless one or more players have been suspended for that game in which case the number of players is reduced accordingly - see clause 5.2 above);
(c) the Team Captain and goalkeepers for the match;
(d) the Team Manager for the match;
(e) the Coach on the bench for the match;
(f) a Physiotherapist;
(g) a Medical Doctor;
(h) a representative of the Franchise Management (optional).

5.6 Nominations can only be made from the players and team officials whose names appear on the Hero HIL Team Entry Form (see Regulation 3), excluding any person who has been suspended from participating in the match by the Tournament Director.

5.7 The remaining players and team support staff (whose names appear on the Hero HIL Team Entry Form), with the exception of suspended players (if any), may warm-up and practice with their team up to 10 minutes prior to the scheduled start time of the match. The Team Manager shall be responsible to ensure that these players and support staff leave the pitch and remain outside the field of play until the match is finished, subject to them being allowed to return to the field of play at half time (only), or in the case of extra time in a play-off match, between full time and extra time, and during a shoot-out competition (if applicable).

5.8 A nominated player who becomes injured or incapacitated during warm-up or practice may be replaced by a player whose name appears on the Hero HIL Team Entry Form up to 10 minutes prior to the scheduled start time of the match. The Team Manager must notify the Technical Officer on duty accordingly, who will inform the Assistant Tournament Director for further action. Changes within 10 minutes of the start time will only be permitted in exceptional circumstances agreed with the Tournament Director, or in his absence, the Assistant Tournament Director on duty at the venue.

6. Team Clothing, Equipment and Colours

6.1 The Tournament Director, at his absolute discretion, shall advise the Team Managers of the colours of clothing of their field players and goalkeepers for each match.

6.2 During a match each team (field players and goalkeepers) must wear the colours of its team as directed by the Tournament Director.

6.3 Any additional items of clothing such as under shirts or cycle shorts, worn by a player during a match must be of the same colour specified for the adjoining piece of clothing.

6.4 When warming up on the sideline during a match, substitutes must wear bibs or some other form of clothing in a different colour to both teams and to the umpires.
6.5 For clear vision of the ball, goalkeepers must wear a shirt of a colour different from that of their own team and that of their opponents. The shirt may not be white or yellow. Leg guards, kickers and hand protectors may not be white or yellow.

6.6 Each player's number must remain the same throughout the HIL for that season and must be the same as that submitted on the Hero HIL Team Entry Form (see Regulation 3).

6.7 Each player's number must appear in filled (not outline) distinctive figure(s) and be of a contrasting colour to their shirt and shorts. The number must be:
(a) not less than 14cm and not more than 20cm in height, on the back of the player's shirt;
(b) not less than 6cm and not more than 9cm in height, on the front of the player's shorts at thigh level - left leg (field players);
(c) not less than 6cm and not more than 20cm in height, on the front of the goalkeeper's shirt.

6.8 The player's name must appear in filled (not outline) distinctive letters not less than 6cm and not more than 10cm in height on the back of each player's shirt, positioned above the player's number so that the number remains clearly visible.

6.9 Each team involved in a match must have available at the venue two (2) spare sets of players clothing without number, plus suitable material for numbering in an emergency.

6.10 All players must be uniformly and neatly dressed at all times during a match.

6.11 Field players:
(a) must wear shin guards inside the socks and below the knee at all times during a match;
(b) must wear any body protection (including leg protection) underneath normal playing clothing;
(c) are permitted to wear a face mask while defending a penalty corner provided that the face mask has a smooth surface, conforms to the Rules of Hockey, and is approved by the Tournament Director in advance;
(d) must not wear any additional protective equipment for medical reasons or similar as specified in the Rules of Hockey unless requested in writing by the Team Medical Doctor (with medical certificate) and approved by the Tournament Director.

6.12 No advertisement may appear on any item of clothing or equipment used by any player, team official, umpire or technical official except as may be permitted by Hero HIL during a match, including warm-up and cool-down periods in accordance with Appendix 4.

6.13 Manufacturer identification(s) on a particular item of clothing worn by players or equipment used by players whilst playing may be permitted by Hero HIL in accordance with Appendix 4.
6.14 A player on the field of play must not use or be equipped with any device to receive communication.

7. **Duration of Matches**

7.1 A match consists of 70 minutes played in four periods of 17½ minutes each, separated by an interval of 2½ minutes at quarter and three quarter time, and of 10 minutes at half time. Teams will change ends at halftime only.

7.2 The team which has taken the first centre pass will also take the centre pass after the first quarter break. The other team will take the centre pass after half time and after the third quarter break.

7.3 Each team will be allowed one Time-out during a match. Time-outs may be used in accordance with Appendix 2.

7.4 If the scores are equal at the end of regulation time in a play-off match, extra time (golden goal), and shoot-outs (if necessary), will be played in order to establish an outright winner of the match as outlined in Appendix 1.

7.5 The Umpires will blow a whistle to start and re-start the match, they will also signal to the Technical Officials on duty every time stoppage they order and the subsequent re-starts.

7.6 Time keeping is controlled by the Technical Officials on duty. They are responsible for signalling the end of each quarter and, if necessary, extra time. If a match is prolonged at the end of a regulation time period to allow for the completion of a penalty corner as specified in the Rules of Hockey, the Umpires will signal the end of that period.

8. **Team Benches**

8.1 Team benches shall be situated near to, and on the same side of the field of play, as the technical officials table.

8.2 The Team Manager, Physiotherapist, Team Medical Doctor and nine (9) substitute players nominated for that match, plus the Franchise Representative (if registered), must remain seated at the team bench during playing time, including time stoppages, unless the Technical Officer on duty or Umpire(s) direct otherwise, or when implementing substitution procedures.

8.3 The nominated Team Manager, who is responsible for the conduct of all persons occupying the bench, must be present on the bench during the match and must occupy the seat nearest to the technical officials’ table.

8.4 The Coach nominated for the match must remain on their team bench or in the designated area in front of the team bench.

8.5 Substitutes may leave the team bench to warm up in an area designated by the Technical Officer on duty (see also clause 6.4).

8.6 The Team Medical Doctor, Physiotherapist or other team medical staff may leave their seats to treat players as required.
8.7 Vocal communication by team officials and/or players on the team bench must not be directed at the technical officials seated at the table, the Umpires and/or the players of the opposing team.

8.8 The Technical Officer on duty, after warning a Team Manager of acts of misconduct by a person or persons on that team bench, is empowered, should misconduct continue, to suspend the person or persons from further participation in the game and to order that person or persons to leave the team bench for the remainder of the match. Further disciplinary action may be taken by the Tournament Director after the match, depending upon the circumstances.

8.9 If the Team Manager is suspended the Stand-in Team Manager must occupy the team bench and take over the duties and responsibilities of the Team Manager.

9. **Substitution of Players**

9.1 Substitution of player(s) takes place as specified in the Rules of Hockey from the players nominated for that match, subject to the provisions of clause 5.3 above.

9.2 In accordance with the Rules of Hockey (2.3.a) a substitution is permitted at any time except within the period from the award of a penalty corner until after it has been completed. During this period substitution is only permitted for injury to or suspension of the defending goalkeeper.

9.3 Any player preparing to enter the field of play as a substitute must display a board bearing the number of the player required to leave the field of play.

9.4 Team Managers’ are responsible for advising the Technical Officer on duty of the substitution of any overseas (non-Indian) players during the match.

9.5 The substitution will be carried out under the supervision of the Technical Officer on duty.

9.6 After leaving the field of play having been substituted, a player must immediately go to his team bench.

9.7 Any player, upon being suspended, may not be substituted or used as a substitute during the period of suspension.

9.8 Team Managers are responsible for the proper application of these procedures.

10. **Admission to the Field of Play**

10.1 The team officials and reserve goalkeepers need the permission of the Umpires to enter the field of play. This regulation is obligatory, even in the event of a player or an Umpire becoming incapacitated.

10.2 The Coach on the team bench may not enter the field of play at any time under any circumstances except during quarter/half time breaks, time-outs and during any shoot-out competition.

10.3 No incapacity treatment will be permitted on the field of play except for goalkeepers as provided below.
(a) If a player becomes incapacitated on the field of play, one of the
Umpires may stop the match to assess whether or not the player
requires attention.

(b) When a field player is incapacitated:

(i) the Umpire may authorise the registered Team Medical
Doctor and/or Physiotherapist and/or other team medical
staff to enter the field of play;

(ii) if a team does not have such registered officials, the Umpire
will authorise the on-duty Hero HIL Medical Officer/Doctor
and/or the Team Manager, to enter the field of play;

(iii) if necessary, the Umpire may also authorise stretcher bearers
to enter the field of play;

(iv) persons authorised to enter the field of play are required to
assist and remove the player concerned from the field of play
as soon as it is safe to do so.

(c) When a goalkeeper is incapacitated:

(i) the Umpire may authorise the registered Team Medical
Doctor and/or Physiotherapist and/or other team medical
staff to enter the field of play;

(ii) if a team does not have such registered officials, the Umpire
will authorise the on-duty Hero HIL Medical Officer/Doctor
and/or the Team Manager, to enter the field of play;

(iii) if necessary, the Umpire may also authorise stretcher bearers
to enter the field of play;

(iv) persons authorised to enter the field of play may bring
material for treatment and may provide brief treatment if
necessary and/or remove the goalkeeper concerned from the
field of play as soon as it is safe to do so.

(d) If any person from the team bench and/or the on-duty Medical
Officer/Doctor enters the field of play to attend to a player other
than a goalkeeper:

(i) that player must leave the field of play and return to the team
bench area for a minimum of two (2) minutes. This applies
even if no treatment or assessment of the injury actually takes
place;

(ii) the two minute period will be managed by the technical
officials on duty;

(iii) the player required to leave the field may be substituted,
subject to the provisions in the Rules of Hockey.

10.4 If a player sustains an injury which causes bleeding, then that player
must leave the field of play as soon as possible and shall not re-enter
until the bleeding has stopped and the wound is adequately covered.
Blood stained clothing must be replaced and equipment cleaned
before re-entry to the field of play.
10.5 If blood staining to the field of play occurs cleaning must immediately take place using a Non-Acid Disinfectant Surface Cleaner which is effective against antibiotic-resistant bacteria or, if such a material is not available, an 80% alcohol solution. During this operation there must be a time stoppage of play.

10.6 No liquid or other refreshment may be consumed on the field of play. Any player wishing to take refreshment during a match, including during time stoppages, must leave the field of play and is permitted to re-enter as specified in the Rules of Hockey. A goalkeeper may leave and re-enter the field of play only adjacent to the goal.

10.7 Team officials and players may leave the technical facility area surrounding the field of play only during half time, and only with prior permission of the Technical Officer on duty. In doing so, players must leave their sticks and goalkeepers their sticks, hand protectors and headgear, at or near the team bench and must return not less than two minutes before the match is due to be restarted.

10.8 Team officials and players will not leave the field of play or team bench area at quarter time breaks.

10.9 At the end of the match, all team officials and players must leave the field of play through the Media Mixed Zone and must make themselves available for comment as required.

10.10 Audible vocal communication from the team videographer facility overlooking the field of play is not permitted by those persons authorised to use this facility.

11. Interruptions of A Match

11.1 If a match is interrupted by the Umpires (e.g. because of weather or field of play conditions) or by the Technical Officer because of thunderstorm with lightning, this match must be resumed as soon as possible (ideally, but not necessarily, on the same field of play on the same day), under the following conditions:

(a) the match must be completed up to the regulation full time (see Clause 7.1) or the completion of extra time and shoot-outs as appropriate (see Clause 7.4), the score on the resumption being that at the time the interruption took place;

(b) the restart on resumption is at the place where play was interrupted and with the decision taken at the moment of interruption or in the event of no decision having been taken, with a bully;

(c) on resumption, Regulation 9 relating to the substitution of players shall apply as though there had been no interruption to the match.

12. Match Report

12.1 At the end of the match, a Match Report is produced by the appointed technical officials. This is a summary of the match showing the names of all players, team officials and technical officials nominated for the match and includes the match result and key match statistics.
12.2 The Team Manager of each team must sign the Match Report within 10 minutes of the end of the match.

12.3 The match officials must also sign the Match Report once both Team Managers have done so. Once the Match Report is signed by all required persons, the result and details on the signed Match Report will be declared official.

12.4 See Regulation 15 regarding end of match protests.

13. Disqualification or Failure to Play

13.1 During the pool matches:

(a) a team which fails to start a match at the specified and agreed time, or fails to complete a match to regulation time, unless for reasons as specified in Regulation 11, will be deemed to have lost the match by 5-0, such result to be recorded as the official result of the match in question;

(b) a team which fails to start a second or subsequent match will be deemed to have withdrawn from Hero HIL. Under these circumstances, the results and scoring records of any previous matches already played by that team will be removed from the records and the pool points table shall be adjusted accordingly.

13.2 During play-off matches:

(a) a team which fails to start a play-off match at the specified and agreed time, or fails to complete a play-off match to regulation time (including any periods of extra time and shoot-outs if appropriate), unless for reasons as specified in Regulation 11, will be deemed to have lost the match and will take no further part in Hero HIL that season.

13.3 Any team which is subject to the penalties in Clauses 13.1 or 13.2 may be subject to further disciplinary action as determined by the Hero HIL.

14. Code of Conduct And Suspensions

14.1 The Hero HIL Code of Conduct, established to create awareness of and accountability for the promotion of the game of hockey amongst all Hero HIL participants, will apply in full at all times.

14.2 The Tournament Director has authority to reprimand or suspend for one or more matches any players, team officials and other officials who, in their opinion, commit a breach of the Hero HIL Code of Conduct before, during or after a match, wherever that misconduct occurred, in accordance with the Hero HIL Disciplinary Penalties - see Hero HIL Code of Conduct.

14.3 In deciding the duration of any suspension, the Tournament Director is not limited to the remaining Hero HIL matches in the current season but may impose a suspension which has effect for matches beyond the conclusion of Hero HIL. Hero HIL may, in its absolute discretion, impose further penalties on an individual or a team.
14.4 Such suspended persons may not enter the field of play, or the technical facility areas (including the team bench, Coach's boxes and video tower), at any time before or during a match for which they are suspended, including during quarter and half time breaks, and any periods of extra time or shoot-out competition, until completion of the match or matches comprising the suspension.

14.5 It is the duty of the Tournament Director to adjudicate upon, and if appropriate to impose penalties in respect of any disciplinary matters which may occur during the match before the Tournament Director and the specific participants leave the match venue (in accordance with the powers granted to a Tournament Director by the HIL for the purposes of these Regulations).

14.6 In all cases where the Tournament Director is not present at the venue, such authority under this regulation may be delegated to the Assistant Tournament Director at the venue.

15. Protests

15.1 If a team wishes to lodge a protest at the end of a match or at the end of a shoot-out competition, the Team Manager must:

(a) declare the intention to do so immediately in writing directly below his signature when signing the Match Report or shoot-out competition result form;

(b) submit in writing using the Hero HIL Protest Submission Form the grounds of the protest and hand that document to the Technical Officer on duty within 15 (fifteen) minutes of the completion of the match or shoot-out competition;

(c) deposit Fifty Thousand Rupees (INR 50,000), or equivalent in USD, GBP or Euro, with the same Technical Officer within 30 (thirty) minutes of the completion of the match or shoot-out competition.

Failure to comply with any part of this regulation will result in the dismissal of the protest.

15.2 Notwithstanding the provisions of this regulation, no protest can be lodged from a field of play decision made by the Umpires (including the Video Umpire where applicable).

15.3 If a protest is made, the Technical Officer on duty must immediately inform the Tournament Director, or in his absence, the Assistant Tournament Director at the venue.

15.4 The Tournament Director must make a decision in writing and publish this within two (2) hours from the submission of the protest. The Tournament Director should also verbally notify the decision to the Team Manager concerned immediately after making the decision. The Team Manager should make arrangements with the Tournament Director to be available to receive the decision when made.

15.5 In all cases where the Tournament Director is not present at the venue, such authority under this regulation may be delegated to the Assistant Tournament Director at the venue.
15.6 The deposit will be refunded if the protest is either dismissed or allowed. The deposit will be retained in full or in part by Hero HIL if the protest is not allowed, although Hero HIL may subsequently decide to return all or part of the deposit either at that time, or at some point in the future.

15.7 If a team wishes to appeal the decision of the Tournament Director resulting from any protest made under these Regulations, the Team Manager concerned should follow the conditions outlined below in Regulation 16.

16. Appeals

16.1 An individual or a team may lodge an appeal against:
   (a) a decision by the Tournament Director to suspend a player, team official or other official;
   (b) a protest which has not been allowed by the Tournament Director.

16.2 If an individual or a team wishes to appeal the decision of the Tournament Director, the Team Manager must submit written notice to the Tournament Director, or in his absence, the Assistant Tournament Director at the venue, within sixty (60) minutes after the Tournament Director’s original decision is published. If no such appeal is lodged, the original decision of the Tournament Director is final.

16.3 If the appeal is against a decision by the Tournament Director to suspend a player or team official, a deposit of Fifty Thousand Rupees (INR 50,000), or equivalent in USD, GBP or Euro must accompany the written notice of appeal.

16.4 The written notice of appeal must be submitted using the Hero HIL Appeal Submission Form and must contain a statement outlining the grounds of the appeal and indicating whether the appeal is against:
   (a) a finding;
   (b) a penalty imposed;
   (c) both a finding and a penalty;
   (d) procedural irregularities of a Tournament Director’s hearing.

16.5 If an appeal is so lodged, the Tournament Director must immediately inform the Hero HIL Competitions Director who will convene an Hero HIL Appeal Panel to consider the matter fully in accordance with this Regulation.

16.6 The Hero HIL Appeal Panel will consist of a minimum of three (3) persons and a maximum of five (5). Any person who has taken part in any previous proceedings relating to the matter under appeal may not be appointed to that Appeal Panel.

16.7 The Hero HIL Appeal Panel will meet to consider the appeal within eighteen (18) hours of the receipt of the appeal by the Tournament Director. It may be that the members of the Appeal Panel will not be present at the same venue, but will communicate electronically or by telephone.
16.8 No team or individual is entitled to a personal hearing before the Appeal Panel, but may make representations in writing (electronically) provided these are received within the time limit notified to the appealing Team Manager by the Hero HIL Competitions Director.

16.9 The appeal is not to be considered a re-hearing of the evidence. It is limited to a review of the decision made by the Tournament Director to ensure compliance with the Regulations, Code of Conduct and principals of natural justice.

16.10 No fresh evidence shall be presented to the Appeal Panel without its approval. If approval is sought to present fresh evidence, particulars of such evidence and the reasons why it was not presented earlier must also be included in the written notice of appeal.

16.11 The Appeal Panel has the power:
   (a) to allow or dismiss the appeal;
   (b) to vary the decision of the Tournament Director;
   (c) to increase, decrease or otherwise vary any penalty included in the decision of the Tournament Director;
   (d) to impose such other penalty or sanction as it deems appropriate;
   (e) to order that the deposit be refunded in whole, in part, or forfeited;
   (f) to make an order for payment of costs.

16.12 The Appeal Panel will make a decision and publish it in writing as soon as possible but not later than 2 hours before the start of the first match on the next day that matches are played. If possible, the Chair of the Appeal Panel which heard the case should verbally notify the Tournament Director and the Team Manager or official who lodged the appeal immediately after making the decision.

16.13 The decision of the Hero HIL Appeal Panel is final and binding on all parties concerned.

17. Anti-Doping

17.1 All anti-doping tests will be carried out strictly in accordance with the World Anti-Doping Agency (WADA) Code and the HI Anti Doping Policy in force on the first playing day of the League.

17.2 (a) All matches will be subject to anti-doping testing as the National Anti-Doping Agency of India (NADA) may direct.
   (b) Team Managers will be advised of details of the anti-doping testing procedure at the pre-competition briefing meeting.

17.3 Any player nominated for a selected match may be subjected to an anti-dope test after the match even if that player has remained on the team bench throughout that match. A player may be subjected to more than one anti-dope test during the Hero HIL.

17.4 A player selected for an anti-dope test may not take a shower, bath, ice bath or similar before providing a urine/blood sample which meets the requirements in the International Standard for Testing.
17.5 A positive test or a refusal to submit to a test will render the player concerned and the player's team and officials subject to the disciplinary provisions as to sanctions and penalties, and the procedures and rights as stated in the WADA Code and the current HI Anti-Doping Policy.

17.6 All players, team officials and League officials must sign the Acknowledgement and Agreement form included in the Hero HIL Code of Conduct.

18. Video Umpire

18.1 Video Umpiring will be utilised in the play-off matches only (including any periods of extra time and shoot-outs required).

18.2 The Video Umpire procedures can be found in Appendix 5.

19. Unforeseen Events

19.1 If during any Hero HIL match circumstances arise which are not provided for in these Regulations, they will be determined by the Tournament Director after consulting with the Hero HIL Competitions Director.

19.2 If any team or individual affected by the decision of the Tournament Director under this Regulation wishes to appeal, they may do so following the procedures set out in Regulation 16.
APPENDIX 1 - LEAGUE COMPETITION PLAN AND RANKING

1. Plan Of The League

1.1 There will be five (5) teams in Hero HIL 2013. Each Hero HIL team shall play three (3) matches against each other team in Hero HIL, one at their home venue and one at the venue of the opposition team. The third match against the other four (4) teams will be two (2) at home and two (2) away. These matches will be played between 14 January and 7 February 2013.

1.2 Points will be awarded as follows:

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Win</td>
<td>Five (5) points</td>
</tr>
<tr>
<td>Draw</td>
<td>Two (2) points</td>
</tr>
<tr>
<td>Loss with goal difference of 2 or less goals</td>
<td>One (1) point</td>
</tr>
<tr>
<td>Loss with goal difference of 3 or more goals</td>
<td>Nil (0) points</td>
</tr>
</tbody>
</table>

1.3 Teams will be ranked according to the number of points each has accumulated in the Hero HIL. The team finishing in 5th position will be placed 5th in the Hero HIL final ranking. Teams finishing 1st to 4th will enter a play-off competition (see Paragraph 2 of this Appendix) to determine the top four ranking positions.

1.4 If at the end of the League two or more teams have the same number of points for any place, these teams will be ranked according to the following order:

(a) respective number of matches won;
(b) respective goal difference (goals for less goals against). A positive goal difference always takes precedence over a negative one;
(c) respective number of goals scored;
(d) the cumulative results of the two matches played between those two teams taking firstly the points won in the two matches, secondly the goal difference, and thirdly the number of goals scored;

1.5 If more than two teams are involved, then a ranking based upon the results of the matches among (only) them shall determine their respective position (as above). If there remains equality, then the teams involved shall be ranked according to paragraphs 1.4(a), (b), (c), and (d) of this Appendix.

1.6 Should there still remain equality between two teams, then the ranking will be determined by a shoot-out competition between those teams in accordance with Paragraph 3 of this Appendix.

1.7 If more than two teams are involved, then each team will play a shoot-out competition against the other teams (in the same order of play as occurred in the League), in accordance with Paragraph 3 of this Appendix but with one round of five (5) shoot-outs only to be taken compulsorily by each team.

1.8 A ranking will then be established based upon the results of this round of the shoot-out competition only, with the award for each series of the respective shoot-out competitions of 3 points to the team having
scored or been awarded the highest number of goals, 1 point to each team having scored or been awarded an equal number of goals and 0 points to the team having scored or been awarded the least number of goals.

1.9 If equality remains then teams having an equal number of points shall be ranked according to paragraphs 1.4(a), (b), (c) and (d) of this Appendix as applied to goals recorded during the shoot-out competition.

1.10 If an equal position of more than two teams still remains thereafter, then the same procedure shall be repeated until the teams can be ranked. The Tournament Director shall make a draw to establish each sequence of play if such further rounds of shoot-outs are required.

1.11 Should there be a need for a shoot-out competition under the terms described above, this will take place at a time and place to be determined by Hero HIL on 8 February 2013.

2. Play-off Matches

2.1 After completion of the regular matches in the League, the top 4 teams will advance to the Hero HIL Play-offs as outlined below.

2.2 Matches will be played as follows:

- Semi-final 1: 1st Placed Team v 4th Placed Team
- Semi-final 2: 2nd Placed Team v 3rd placed Team
- Third/Fourth place: Losers of the two semi-finals
- Final: Winners of the two semi-finals

2.3 These matches will be played on 9 and 10 February 2013 at the same venue. The venue for these matches will be determined by Hero HIL in advance.

2.4 These matches will be played to the same playing regulations as the regular Hero HIL matches, other than outlined below in clause 2.5.

2.5 The score at the end of the regulation time of the above matches shall be registered by the Hero HIL as the result of the match. However, in order to establish an outright winner of any drawn play-off match, the duration of that match shall be extended with up to two (2) periods of extra time (golden goal), and a shoot-out competition if necessary.

2.6 After a break of 5 minutes, the teams shall play up to two periods of seven and a half (7½) minutes each, in between teams shall change ends without a rest period.

2.7 The extra-time shall cease, however, once a team has scored or been awarded a goal. That team shall be the winner of the match.

2.8 If the score is still a draw at the end of the extra time, a shoot-out competition shall be played to establish the winner of the match.

2.9 The winner of the Final match will be crowned the Hero HIL Champions 2013.
3. **Shoot-out Competition**

In a shoot-out competition, five players from each team take a one-on-one shoot-out alternately against a defender from the other team as set out below. The shoot-out competition comprises all series of shoot-outs required to determine a result and the following playing rules and procedures shall be followed.

3.1 The respective Team Managers shall nominate five players to take and one player to defend the shoot-outs from those on the Match Report except as excluded below. A player nominated to defend the shoot-outs can also be nominated to take a shoot-out. No substitutions/replacements are permitted during the shoot-out competition, other than as specified below. See also Regulation 5.3 regarding nationality of those players selected to participate in the shoot-out.

3.2 Team Managers must sign the Shoot-out Competition Result Form to confirm the nominations of the five players and the sequence of players to take the first round of 5 shoot-outs, and submit this to the Technical Officer on duty. If the shoot-out is taking place after the end of extra time in a match, the above procedure must be carried out promptly to enable the first shoot-out to commence no later than five (5) minutes after the extra time has finished.

3.3 A player who is still suspended by the Tournament Director at the time the shoot-out competition takes place or has been excluded permanently (red card) during the match which leads to the shoot-out competition, cannot take part in that shoot-out competition. A player who has been temporarily suspended (green card or yellow card) may take part in the shoot-out competition even if the period of their suspension has not been completed at the end of the extra time.

3.4 The Tournament Director will outline at the pre-competition briefing meeting the method of timing shoot-outs taking into account the facilities available at the venue and the need to control time accurately.

3.5 The Technical Officer for the match will specify in advance of the shoot-out competition which goal will be used, taking into account any television requirements.

3.6 The Umpires shall toss a coin with the Team Captains, the winner having the choice to take or defend the first shoot-out.

3.7 During a shoot-out, all persons who appear on the Hero HIL Team Entry Form other than any player who has been excluded permanently (red card) during the match which leads to the shoot-out competition are permitted to enter the field of play outside the 23m area used for the shoot-out, but must be at least 10 metres from the spot where the ball is placed at the start of the shoot-out. The goalkeeper/defending player of the team taking a shoot-out may be on the back-line outside the circle.
3.8 Only the players taking or defending a shoot-out may enter the 23m area for that purpose.

3.9 If a player taking a shoot-out is also defending the shoot-outs taken by opponents, he is allowed reasonable time to remove protective equipment in order to take his shoot-out and subsequently to replace the protective equipment before defending another shoot-out.

3.10 Five players from each team take a shoot-out alternately against the goalkeeper/defending player of the other team making a total of 10 shoot-outs (unless the taking of any remaining shoot-outs will not change the final result).

3.11 The shoot-out shall be taken under the following procedure:
   (a) the goalkeeper/defending player starts on or behind the goal-line between the goal posts;
   (b) the ball is placed on the nearest 23m line opposite the centre of the goal;
   (c) an attacker stands outside the 23m area near the ball;
   (d) the Umpire blows his whistle to signal the start of the shoot-out and the technical official on duty starts the countdown clock;
   (e) the attacker and the goalkeeper/defending player may move in any direction;
   (f) the shoot-out is completed when any of the following first occur:
      (i) 8 seconds has elapsed since the starting signal;
      (ii) a goal is scored (the ball crossing the line before the expiration of 8 seconds);
      (iii) the attacker commits an offence;
      (iv) the goalkeeper/defending player commits an unintentional offence inside or outside the circle in which case the shoot-out is re-taken by the same player against the same goalkeeper/defending player;
      (v) the goalkeeper/defending player commits an intentional offence inside or outside the circle, in which case a penalty stroke is awarded;
      (vi) the ball goes out of play over the back-line or side-line, this includes the goalkeeper/defending player intentionally playing the ball over the back-line.

3.12 If a penalty stroke is awarded as specified above, it is taken by the two players involved in the shoot-out concerned unless either of them is incapacitated or suspended. The result of this penalty stroke will be considered to be the result of that particular shoot-out.

3.13 A video referral can only be requested by an Umpire to determine, if necessary, whether or not the ball crossed the goal-line for a goal to be scored before 8 seconds has elapsed. No team referrals are permitted during a shoot-out competition.
3.14 The team scoring the most goals (or ahead by more goals than the other team has remaining shoot-outs available) is the winner.

3.15 A player may be suspended by a yellow or red card but not by a green card during a shoot-out competition.

3.16 If during a shoot-out competition a player (either an attacker or a goalkeeper/defending player) is suspended:
   (a) that player takes no further part in that shoot-out competition and, unless a goalkeeper/defending player, cannot be replaced;
   (b) the replacement for a suspended goalkeeper/defending player can only come from the five players of that team nominated to take part in the shoot-out competition:
      (i) the replacement goalkeeper/defending player is allowed reasonable time to put on protective equipment similar to that which the goalkeeper/defending player he is replacing was wearing;
      (ii) for taking their own shoot-out, this player is allowed reasonable time to remove their protective equipment to take their shoot-out and subsequently to replace it again;
   (c) any shoot-out due to be taken by a suspended player counts as no goal, the shoot-outs taken by this player and scored or awarded before being suspended count as a goal.

3.17 If during a shoot-out competition, a defending goalkeeper/defending player is incapacitated:
   (a) that goalkeeper/defending player may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded above or unless suspended by an Umpire during the shoot-out competition;
   (b) the replacement goalkeeper:
      (i) is allowed reasonable time to put on protective equipment similar to that which the incapacitated goalkeeper/defending player was wearing;
      (ii) if this replacement is also nominated to take a shoot-out, this player is allowed reasonable time to remove their protective equipment to take their shoot-out and subsequently to replace it again;

3.18 If during a shoot-out competition, an attacker is incapacitated, that attacker may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded above or unless suspended by an Umpire during the shoot-out competition.

3.19 Incapacity to continue either as a goalkeeper/defending player or an attacker must be confirmed by the on-duty Doctor/Medical Officer.

3.20 If an equal number of goals are scored and/or awarded after each team has taken five shoot-outs:
(a) a second series of five shoot-outs is taken with the same players, subject to the conditions specified in this Appendix;
(b) the sequence in which the attackers take the shoot-outs need not be the same as in the first series;
(c) the team whose player took the first shoot-out in a series defends the first shoot-out of the next series;
(d) when one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of shoot-outs, not necessarily being all five shoot-outs, that team is the winner;

3.21 If an equal number of goals are scored and/or awarded after a second series of five shoot-outs, additional series of shoot-outs are taken with the same players subject to the conditions specified in Paragraph 3.20 of this Appendix;
(a) the sequence in which the attackers take the shoot-outs need not be the same in any subsequent series;
(b) all five players from each team must take a shoot-out before any of them can take another;
(c) the team which starts each shoot-out series of five alternates for each subsequent series;
(d) the shoot-outs should continue until one team has scored and/or been awarded one more goal than the opposition after each has taken the same number of shoot-outs.

3.22 Unless varied by this Appendix, the Rules of Hockey apply during a shoot-out competition.
APPENDIX 2 - SCHEDULE OF VARIATIONS TO THE RULES OF HOCKEY

1. Variations
   To add to the excitement of Hero HIL matches, and particularly to the attraction of the game on TV, a number of variations to the Rules of Hockey will apply during Hero HIL matches in 2013. The variations are as identified below.

2. Rules of Hockey
   The mandatory experimental rules included in the 2013 Rules of Hockey will be played at Hero HIL, unless otherwise varied below. Specifically, the Method of Scoring (Rule 8) which allows an own goal to be scored, and Raising the Ball from a Free Hit (Rule 13.2).

3. Match Time
   3.1 A match consists of 70 minutes played in four periods of 17½ minutes each, separated by an interval of 2½ minutes at quarter and three quarter time, and of 10 minutes at half time. Teams will change ends at half time only.
   3.2 The team which has taken the first centre pass will also take the centre pass after the first quarter break. The other team will take the centre pass after half time and after the third quarter break.
   3.3 Each team will be allowed one Time-out during a match. Time-outs may be used in accordance with Paragraph 4 of this Appendix.

4. Time-out
   4.1 Each team may call for one Time-out during a match, subject to the conditions below, although they are not obligated to do so. Time-outs will not apply during any period of extra time or during a shoot-out competition where these occur in a Play-off match.
   4.2 A Time-out:
      (a) may be called by either team when play is stopped immediately before putting the ball back into play after it has been outside the pitch, or before a free hit, centre pass or a bully;
      (b) may not be called within the period from the award of a penalty corner or penalty stroke until after it has been completed;
      (c) will take a maximum of 2 minutes. The duration of the Time-out is controlled by the Technical Officer. After 2 minutes players of both sides must be ready to re-start the match exactly on time.
   4.3 The procedure for a Time-out is as follows:
      (a) the Team Manager or Coach of either team verbally request to the Technical Officer on duty that they require a Time-out at the next appropriate break in play;
      (b) the Technical Officer indicates to the nearside Umpire using the 'T' board. At the next appropriate break in play (as decided by the Umpire), the Umpire will stop the match by blowing his whistle and indicate that a Time-out has been called by using a 'T' signal in front of his chest;
(c) the Technical Officer will stop the match time and will commence a 2 minute countdown;
(d) the Time-out may take place on the field of play, or at the team bench;
(e) the nearside Umpire shall blow his whistle when 1 minute 45 seconds has elapsed and ask players to resume their positions on the field of play to restart the match;
(f) the nearside Umpire shall re-start the match exactly on time (or less if both teams are ready to play), even if players from either team are yet to resume their positions. At the same time the Technical Officer shall re-start the match time clock;
(g) the match is re-started by putting the ball back into play or with a free hit, centre pass or bully which was due to take place before the Time-out occurred.

4.4 During a Time-out:
(a) players and team officials may not leave the field of play or team bench area unless authorised to do so by the Technical Officer on duty;
(b) any temporarily suspended player(s) may re-join their team for the duration of a Time-out but must return to their suspension seat at the technical table to complete their suspension period when the match resumes (time elapsed during a Time-out does not count towards any period of suspension);
(c) teams may make substitutions during a Time-out, but any substitutions made must be notified by the Team Manager to the Technical Officer on duty immediately the match re-starts.

5. Penalty Corner Penalties
5.1 At a penalty corner, until the ball has been played, no attacker other than the one taking the push or hit from the back-line is permitted to enter the circle and no defender is permitted to cross the centre-line or back-line.

5.2 For any offence of this rule by a defender on the back-line, other than the goalkeeper or player with goalkeeper privileges, the offending player is required to go beyond the centre-line and cannot be replaced by another defender.

5.3 For any offence of this rule by a defending goalkeeper or player with goalkeeping privileges, the defending team defends the penalty corner with one less player.

5.4 For an offence of this rule by an attacker who enters the circle before the ball is played, the offending player is required to go beyond the centre line.

5.5 If the player taking the push or hit from the back-line feints at playing the ball, the offending player is required to go beyond the centre line but is replaced by another attacker; if this feinting leads to what would otherwise be a breach of this rule by a defender, only the attacker is required to go beyond the centre line.
5.6 Subject to the above, the penalty corner is re-taken.

5.7 If another breach of the rule as described above occurs during the re-taken penalty corner, further consequences apply as specified above, so for a second offence of this rule by a defender on the back line, the team defends the penalty corner with not more than three (3) players.

5.8 A subsequent penalty corner (as opposed to a re-taken penalty corner) may be defended by not more than five (5) players.

6. Temporary Player Suspensions

6.1 A player who receives a green card (warning) from an Umpire will be temporarily suspended for two (2) minutes of playing time.

6.2 A player who receives a yellow card from an Umpire will be temporarily suspended for a minimum of five (5) minutes of playing time. For a more serious offence, this may be increased to ten (10) minutes at the discretion of the Umpire. The duration of a yellow card suspension must be indicated to the technical official on duty by the Umpire who issues the yellow card.

6.3 For the duration of each temporary suspension, the offending team plays with one less player.

6.4 If a field player receives a green or yellow card, the umpires stop the match to issue the card and shall immediately re-start the match after issuing the card.

6.5 If a goalkeeper or player with goalkeeping privileges receives a green or yellow card, the umpires stop the match to issue the card and shall re-start the match after the player has left the field of play.

6.6 The offending player leaves the field of play immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalize the player in accordance with the Rules of Hockey.

6.7 The period of any temporary suspension starts only when the player is seated in the designated area and the match has been re-started. The timing of the suspension is controlled by the technical official on duty.

6.8 The offending player is permitted to resume play when the technical official on duty indicates that the period of suspension has been completed, unless this occurs within the period from the award of a penalty corner until after it has been completed in which case the player cannot return until the corner has been completed or another penalty corner is awarded.

6.9 If the offending player is a goalkeeper or player with goalkeeping privileges, the technical official on duty notifies the nearest Umpire when the period of suspension has been completed; the Umpire stops time at the next stoppage in play to enable the player to resume play.

6.10 A player can only receive one (1) yellow card in a match. If a second yellow card is given to the same player, this card will automatically be followed by a red card and may be subject to further disciplinary measures by the Tournament Director.
7. Penalty Corner Timing

7.1 When a penalty corner is awarded, Umpires shall (to allow TV replays and for defenders to put on their body/head protective gear) allow not less than 45 seconds to elapse before allowing the penalty corner to commence.

7.2 The 45 second clock shall be activated by the technical officials as soon as the penalty corner is awarded. The match time clock does not stop, unless otherwise directed by the Umpire.

7.3 Upon expiry of the 45 seconds the Umpire may allow the taking of the penalty corner. If the attackers fail to inject the ball within a reasonable time after that then the Umpire may disallow the corner.

7.4 The 45 second rule will apply only to the initial award of a penalty corner and not to any retake, or to any second penalty corner awarded before the ball has moved 5m from the circle.

(a) on the right leg of the front of the player's shorts - up to 80 cm2;
(b) on the right leg of the back of the player's shorts - up to 80 cm2;
(c) on the back of the player's shorts centrally below the waistline - up to 80 cm2;

2.4 Any commercial logo on clothing shall be decided by each team and shall be common to and worn by each member of the team concerned. No individual commercial logos shall be worn by any team member, except for those manufacturer's logos displayed on sticks or shoes.

2.5 Subject to the limitations contained in these regulations, both teams may display any commercial logo on its clothing or equipment irrespective of whether such logos may conflict with any sponsor or supplier of the host team or their venue.
APPENDIX 4 - UNIFORM ADVERTISING

1. Manufacturer Identification

An article of clothing or equipment may display the manufacturer's identification in the form of the name, trademark, logo, or any other distinctive sign of the manufacturer of the item, when worn or used by a player, official or umpire whilst playing or officiating in Hero HIL subject to the following limitations (also see diagram at the end of this section):

1.1 on players' shirts, one manufacturer's identification may be displayed either on the non leading arm (lower section of sleeve below the commercial logo if applicable) or on the upper right chest (but not on both);

1.2 on players' shorts, one manufacturer's identification may be displayed on the back of either short leg up to a maximum size of 42 cm² provided this position has not been used for a commercial logo;

1.3 on players' socks, one manufacturer's identification may be displayed on each sock up to a maximum size of 20 cm² per sock.

1.4 No visible manufacturer's identification or visible adhesive tape, patch or any other material covering up the identification, is permitted on any t-shirts or shorts worn under the playing kit.

1.5 All stripes, panels and secondary colours are considered part of the design and are not regarded as manufacturer's identification.

1.6 In respect of outfield players' gloves and armbands, one manufacturer's identification per item will be permitted up to a maximum size of 6 cm².

1.7 There is no restriction on equipment, headgear or shoes.

2. Sponsor Identification

2.1 Commercial sponsorship and advertising in the form of a company's name, logo or trademark is permitted on shirts and shorts as follows and is measured as the area within a rectangle drawn around the advertisement (also see diagram at the end of this section):

2.2 on players' shirts, up to twelve commercial logos may be displayed as follows:
   (a) on the front of the player's shirt - up to 350 cm²;
   (b) on the leading arm upper sleeve and lower sleeve - each up to 42 cm²;
   (c) on the non-leading arm upper sleeve and lower sleeve - each up to 42 cm²;
   (d) on both collars - each up to 36 cm²;
   (e) on the right chest - up to 42 cm²;
   (f) on both side panels - each up to 100 cm²;
   (g) on the back, top and bottom - each up to 200 cm².

2.3 on players' shorts, up to three commercial logos may be displayed as follows:
2.4 Any commercial logo on clothing shall be decided by each team and shall be common to and worn by each member of the team concerned. No individual commercial logos shall be worn by any team member, except for those manufacturer’s logos displayed on sticks or shoes.

2.5 Subject to the limitations contained in these regulations, both teams may display any commercial logo on its clothing or equipment irrespective of whether such logos may conflict with any sponsor or supplier of the host team or their venue.

2.6 Both teams shall abide by any law of the host venue, which restricts advertising of a product. No compensation shall be payable should a team be precluded from displaying its commercial logos on hockey clothing or hockey equipment, and a visiting team shall not pursue any action against the host team in this respect.

2.7 The commercial logos on the practice kit may reflect those of the playing kit. For the avoidance of doubt there must be no logo featured on the waistband.

2.8 Care should be taken to ensure that there is ample space between all elements to provide maximum legibility in all media and when the shirt is tucked into the shorts. All names must be printed along the same path, to preserve the consistency of the HIL brand.

2.9 Each player may display individual commercial sponsorship or advertising on his hockey stick, subject to the following conditions:

   (a) a single company logo, name, trademark or advertisement may appear twice on the hockey stick - once on the playing side and once on the reverse;

   (b) each logo, name, trademark or advertisement must be no larger than 15 cm x 4 cm;

   (c) the branding must not conflict with any stick regulations, and the stick must remain smooth on both surfaces and pass all regulation stick checks;

   (d) the stick sponsorship is individual to each player and therefore can vary within a team;

   (e) both Hero HIL and the Franchise reserve the right to refuse a player’s stick advertising if it is deemed inappropriate or is in conflict with Hero HIL or team commercial arrangements.

2.10 Throughout all of the above, no team or player sponsorship or advertising will be allowed which includes alcohol, tobacco, or tobacco related products.
3. **Hero HIL And Team Identification**

   Team and Hero HIL identification is allowed on playing kit as follows:

   3.1 A team may display its team identification or logo on the upper left chest of the playing shirts, size not exceeding 60 cm².

   3.2 The Hero HIL logo must be displayed on the leading arm lower sleeve.

   3.3 Nothing contained herein shall prevent the team logo and/or the name of the team from being incorporated as part of the design of the playing shirts used in the Hero HIL.

4. **Design And Colours**

   4.1 Each team is entitled to determine the design for its playing kit subject to the restrictions contained within the Hero HIL Regulations (see Section 6), and as approval by Hero HIL. Team colours shall be given on first come first basis.

   4.2 The colours and design of the shirts, shorts and socks shall be uniform to all members of the same team.

   4.3 Each item of clothing (shirts, shorts and socks), must have at least 80% of the stated colour in the design.

5. **General**

   5.1 Only training kit (e.g. tracksuits, sweatshirts, branded t-shirts, bibs, etc.) issued by the team (the team training kit) may be worn by the players and team officials within the precincts of the venue on match days as well as at all official team practice and training sessions.

   5.2 No team training kit is to be worn by players on the field of play during a match, except when sitting on the bench, or when warming up on the sideline (which must include a bib as described in Regulation 6.4).

   5.3 Players or team officials attending post match presentation ceremonies and press conferences, including television interviews conducted before, during or after the match, are required to wear either team playing clothing or team training kit (excluding bibs).
6. Umpires And Officials Uniform

6.1 Advertising in the form of a company's name, logo or trademark or any other distinctive sign of the manufacturer is permitted when expressly authorised by Hero HIL, as described below:

(a) on the front of the umpires/officials' shirts - size not exceeding 350 cm²;

(b) on the back of the umpires/officials' shirts, below the umpire's name - size not exceeding 350 cm²;

(c) Hero HIL may add an Hero HIL and/or HI logo to the umpires/officials uniform, with no restriction on size of the logo.
APPENDIX 5 - VIDEO UMPIRE PROCEDURES

1. Application

The Video Umpire procedure will be used during the Hero HIL Play-off matches only, not during the regular HIL matches.

2. Power To Refer Decisions To The Video Umpire

2.1 The match Umpires are the only persons who can refer decisions to the Video Umpire, either directly or after the request from a team.

2.2 Referrals cannot be made as a result of protests, queries or pressure from players, Team Managers or Coaches on any decision. Teams (and their Captains) will be held responsible for any violation or abuse of the Video Umpire procedures.

2.3 No person other than the match Umpires can stop the match to request a referral (the Video Umpire or technical officials at the table cannot stop the match).

3. Umpire Referral

3.1 The match Umpires may refer decisions to the Video Umpire when they are not convinced that they have taken, or are able to take, the correct decision relating to the awarding or disallowing of goals.

3.2 Referrals shall only relate to whether or not a goal has been legally scored.

3.3 The match Umpires are therefore entitled to request the Video Umpire to assist in making decisions which include, but are not restricted to:
   (a) whether the ball crossed the goal line (within the area bounded by the goal posts and crossbar);
   (b) whether the ball was legally played or touched inside the circle by the stick of an attacker, or touched the stick or body of a defender inside the circle, and after either of these actions did not travel outside the circle before passing completely over the goal line and under the crossbar;
   (c) whether the ball travelled outside the circle before it entered the goal from a shot by an attacker, without being touched by the stick or body of a defender, during the taking of a penalty corner;
   (d) whether a breach of the rules has been observed within the attacking 23 metre area in the play leading to the awarding or disallowing of a goal. It is then for the match Umpire to take any breach into account in reaching their decision.

3.4 The match Umpire stops the match and requests Video Umpire assistance using the 'television screen' signal. They relay by radio to the Video Umpire whatever information is necessary.

4. Umpire Referral Process

4.1 The Video Umpire calls for as many replays from any camera angle as necessary to reach a decision.
4.2 Within the shortest time frame possible, the Video Umpire will provide their advice and recommendation to the match Umpire;

(a) Goal
(b) No Goal
(c) No Advice Possible
(d) Any advice on any observed breach of the Rules.

4.3 If a breach of the Rules is observed and advised to the match Umpire, it is then for the match Umpire to take this into account in reaching their final decision.

4.4 In the event of 'No Advice Possible' (if the video footage is inconclusive, including through not having the correct replays available, the ball never being in shot in the replays, the footage being of insufficient quality to permit a decision, or technical problems with the referral equipment), the original decision of the match Umpire stands. If there was no decision given before the referral, then the final decision is 'no goal'.

5. Team Referral

5.1 Each team is allowed one team referral request (which must be made through the match Umpires) during any match (including any extra time periods but not during a shoot-out competition), subject to paragraph 6.4 (a) and (b) below of this procedure;

(a) team referrals will be restricted to decisions within the 23 metre areas relating to the award (or non-award) of goals, penalty strokes and penalty corners. The award of personal penalty cards may not be the subject of a team referral;

(b) any team player, on the field of play at the time of the incident, can request a team referral;

(c) this player must indicate to the match Umpire that they wish to use their team referral. They must do so immediately after the incident or decision which is to be referred by using the 'T' signal as well as confirming this verbally to the match Umpire;

(d) the match Umpire will not disallow any request for a team referral provided the 'T' signal has been used by a player and seen by the match Umpire;

(e) the player requesting the team referral must inform the match Umpire of the exact nature of the decision (or non-decision) that his team wishes to be reviewed within a maximum of 20 seconds;

(f) if no question is received within 20 seconds, the team referral will automatically default to a review of the last decision (or non-decision) relating to the award (or non-award) of a goal, penalty stroke or penalty corner;

(g) the match Umpire will then request Video Umpire assistance using the 'television screen' signal, followed by a 'T' signal to denote a team referral, and relay by radio to the Video Umpire whatever information is necessary.
6. Team Referral Process

6.1 The Video Umpire calls for as many replays from any camera angle as necessary to reach a decision.

6.2 Within the shortest time frame possible, the Video Umpire will provide their advice and recommendation;
   (a) Goal
   (b) No Goal
   (c) Penalty Stroke
   (d) No Penalty Stroke
   (e) Penalty Corner
   (f) No Penalty Corner
   (g) No Advice Possible
   (h) Any advice on any observed breach of the Rules.

6.3 If a breach of the Rules is observed and advised to the match Umpire, it is then for the match Umpire to take into account the breach in reaching their final decision.

6.4 Implications for the retention or loss of team referral rights;
   (a) in the event that the referral is upheld, the referring team retains its right of referral;
   (b) in the event of 'No Advice Possible' (if the video footage is inconclusive, including through not having the correct replays available, the ball never being in shot in the replays, the footage being of insufficient quality to permit a decision, or technical problems with the referral equipment), the referring team retains its right of referral;
   (c) if there is no clear reason to change the match Umpire's original decision, the referring team loses its right of referral.

6.5 A team referral that has been already been adjudicated upon may not be the subject of a subsequent referral by the opposing team.

7. For Umpire And Team Referrals

7.1 The final decision, including any matter of interpretation, remains with the match Umpire and not the Video Umpire.

7.2 All other decisions remain with the match Umpires.

7.3 Substitutions may not take place during the stoppage of play for a video referral. Substitutions may take place on the resumption of play subject to the Rules of Hockey.
1. Introduction

1.1 Under the International Hockey Federation (FIH) Statutes and Bye-Laws the FIH has full jurisdiction and authority over everything concerning hockey and playing of hockey worldwide, therefore any person involved in any hockey competition agrees to comply with all FIH Statutes and Bye-Laws, Rules of Hockey and appropriate Competition Regulations and Policies.

1.2 The Hero Hockey India League (Hero HIL) is organised by Hockey India and is an official event sanctioned by the FIH. Hockey India has full delegated jurisdiction and authority over the playing, officiating and management of hockey in the Hero HIL.

1.3 Any participant in the Hero HIL must agree to comply with, but not limited to, all FIH Statutes and Bye-Laws, the Rules of Hockey, Hero HIL Regulations, Hero HIL Code of Conduct, Hero HIL Image Rights Policy (see Appendix C), HI/FIH/WADA Anti-Doping Regulations (see Appendix D), and the Hero HIL Anti-Corruption Policy (see Appendix E).

1.4 All participants are required to read this Code of Conduct document thoroughly and to complete and submit the Hero HIL Code of Conduct Participant Acknowledgement and Agreement Form (see Appendix F) on page 12 of this document to the Hero HIL Tournament Director (TD) before they participate in Hero HIL.

2. Hero HIL Code Of Conduct

2.1 Hero HIL is fully committed to maintaining the highest standards of behavior and conduct by all participants at all Hero HIL events.

2.2 The Hero HIL Code of Conduct is established to create awareness of and accountability for the promotion, administration, coaching and playing of the game of hockey amongst all Hero HIL participants, and as such will apply in full at all times and at all Hero HIL events.

2.3 All participants are responsible for their own behaviour and conduct, and as such, are individually accountable.

2.4 It is the responsibility of the owners and management of each participating team to instruct their players and team officials on the requirements of this Code of Conduct, and if necessary, to arrange translation of this document into the players own language to ensure full understanding and compliance. The owners shall share liability with their players and team officials should any breaches occur at any time and at any Hero HIL event.

2.5 Complaints in relation to either misconduct or breaches of the terms and scope of this Code of Conduct, or any other rules, regulations, codes and policies of Hero HIL, shall be dealt with by the Hero HIL Tournament Director during the League, or by Hero HIL and/or Hockey India if such matters arise after the Hero HIL season is completed.
3. Participants

3.1 The following shall be considered as participants:

(a) all team members and team officials including players, team management, coach and coaching staff, video operators, medical staff, technical support staff and any other duly appointed representatives of the participating teams;

(b) all Hero HIL appointed technical officials including the Tournament Director, Assistant Tournament Directors, Technical Officers, Judges, Umpires, Medical Officer, Media Officer, and any other ad hoc officials appointed by Hero HIL;

(c) all Hero HIL and Hockey India representatives involved in the management of Hero HIL, including all commercial partners, third party contractors and private individuals recruited to assist in the management and operation of Hero HIL and Hero HIL events.

4. Jurisdiction And Scope

4.1 All participants are subject to the jurisdiction of the FIH, Hockey India and Hero HIL. In pursuance of these standards, all participants in Hero HIL shall observe also the following Rules and Directives.

4.2 Participants shall at all times conduct themselves fairly, properly and in an acceptable manner on the field of play and at any part of the hockey venue or hotel accommodation, including while travelling between venues and hotels as appropriate. No person may conduct themselves in a manner or commit any act or omission which may prejudice the interest of hockey or which may bring the game of hockey or Hero HIL into disrepute.

4.3 Without prejudice to the generality of the foregoing, the following shall be regarded as conduct which is improper, unfair, and unacceptable:

(a) verbal/physical abuse or hostility towards any other participant, person or any other member of the public;

(b) disputing, protesting and/or reacting in a provocative or disapproving manner or in an inappropriate way toward any decision made by an Umpire or technical official;

(c) charging or advancing towards an Umpire or technical official in an aggressive manner when appealing;

(d) using rude or abusive language or hand signals;

(e) abuse of hockey equipment or clothing, venue equipment or fixtures and fittings;

(f) any hostility, verbal or physical abuse towards an accredited Anti-Doping Officer;

(g) feigning injury and/or overreacting to an alleged breach or decision;

(h) failure to comply with any directives or instructions from Hero HIL, Tournament Director, any appointed technical official or team management;
(i) any act that appears to, or is intended to, influence any participant or which may affect any decision, the outcome of any match or the league result. For example, inducement in the form of money or gift, or threats against an individual.

4.4 All participants must, whilst participating in any Hero HIL event:

(a) in victory and defeat, show respect to all other participants, including opponents, officials, members of the media, spectators, and all others present at the venue;

(b) be respectful to tournament officials, accepting their decisions at all times, and using the formal process of protest and appeal where there is disagreement (see Hero HIL Regulations for details);

(c) avoid words or actions which may mislead opponents or match officials;

(d) safeguard the physical fitness of opponents, avoid violence and rough play, and assist injured opponents;

(e) refrain from making public statements which criticise Hero HIL organisers and officials, Hockey India, other National Associations, Asian Hockey Federation and FIH;

(f) be mindful of your status as guests, be respectful of the hosts, take care of any property entrusted to you and express gratitude to those who have offered or given you hospitality;

(g) conduct yourself appropriately in any situation, whether in public, in small groups or in private, in any way which you are associated with your team and/or Hero HIL;

(h) obey all laws of India, and its constituent States, with regard to any action, specifically the use of alcohol and drugs;

(i) set a positive example for others, particularly young players and spectators;

(j) encourage adherence to this Code of Conduct by all other participants, particularly those of your own team;

(k) at all times promote a positive image for yourself, your team, hockey, Hero HIL and Hockey India and never bring its reputation, or that of any member, into disrepute.

5. Sanctioned Events

5.1 All participants in Hero HIL must only participate in sanctioned events as recognized by the FIH, Hockey India and their own National Association.

5.2 Disciplinary action shall be taken against any player or official who participates in any event which is not sanctioned by FIH or their respective National Association.

5.3 Players, team officials and technical officials are required to obtain a No Objection Certificate (NOC) from their National Association before participating in Hero HIL.
6. Media Relations

6.1 At the end of any Hero HIL match, it is compulsory for all players and team officials to leave the field of play through the Media Mixed Zone and to make themselves available for comment if requested.

6.2 It shall be compulsory for the Coach and Team Captain (or other nominated player as required by the Hero HIL Media Manager, or if the Captain is required for anti-doping testing) to attend a post-match media conference if requested.

7. Public Statements

7.1 The Hero HIL defines a public statement as follows:
Any statement in which the whole, part or essence, is made public. Such a statement may be made in a newspaper, magazine, periodical or by any electronic (internet, e-mail, SMS, Twitter, Facebook, etc.) or other means through the medium of television, radio or in any other manner whatsoever, regardless of the circumstances in which the statement was made.

7.2 Public statements must be fair, constructive and reasonable and must not involve a personal attack on another player, umpire, official or administrator.

7.3 The Hero HIL recognizes that fair and reasonable comments on the game in general are essentially in the interests of everyone. However, it further recognizes that in the interest of maintaining the generally excellent relations that currently exist between players, umpires and officials, it is necessary to ensure that any such comment and criticism is constructive.

7.4 Any public statement by a participant shall not comprise a personal attack upon any other participant also subject to the jurisdiction of the Hero HIL.

8. Image Rights

8.1 The Hero HIL Image Rights Policy is established to allow Hero HIL and Hockey India to use images taken during the League for non-commercial purposes. The policy is also designed to protect the participants from exploitation of their image by any third party for commercial use without their permission. The Policy sets out the rights of Hero HIL and of the participants in Hero HIL events.

8.2 For further information on the Hero HIL Image Rights Policy, see Appendix C.

9. Anti-doping

9.1 The HI Anti-Doping Regulations are established to promote fair and equitable play. The Anti-Doping Regulations protects a participant’s fundamental right to participate in doping-free sport and thus to promote health, fairness and equality among participants.

9.2 The HI Anti-Doping Regulations are recognised by the International Hockey Federation (FIH) and the World Anti-Doping Agency (WADA) and is HI’s contribution to doping-free sport worldwide.
9.3 Any possession of dope-related drugs or drugs on the list of prohibited substances as mentioned in the WADA List of Prohibited Methods and Prohibited Substances, or the commission of any criminal offence relating to drugs, shall be handled in accordance with the HI Anti-Doping Regulations currently in force.

9.4 Each Hero HIL player and team official shall comply with the HI Anti-Doping Regulations and all participants are personally and individually responsible for compliance with the Policy. Sanctions for non-compliance may be levied against an individual or their team, and will be reported by Hockey India to the FIH and the offenders own National Association.

9.5 No player, coaching staff, management team or any support staff who is currently serving any active sanction/punishment for a doping violation shall be permitted to be involved in Hero HIL.

9.6 For further information on the HI Anti-Doping Regulations, see Appendix D.

10. Betting And Gaming

10.1 The Hero HIL is committed to taking all practical steps within its power to prevent corrupt practices undermining the integrity of the Hero HIL. Participants shall not participate in, support or promote, any form of betting or gaming activities, including online betting or gaming or betting with another person, related to Hero HIL matches or any aspect of the Hero HIL.

10.2 Participants shall not conduct themselves in any way that violates the Hero HIL Anti-Corruption Policy, such as manipulating match results, accepting or inducing a bribe or corrupt payment, using or giving information for betting or similar.

10.3 For further information on the Hero HIL Anti-Corruption Policy, see Appendix E.

11. Process

11.1 In the event of an alleged breach of the Hero HIL Code of Conduct, the Tournament Director, or person with the appropriate delegated authority, will determine if there is to be a hearing. The hearing will be conducted in accordance with the guidelines contained in the following pages.

11.2 For a serious alleged breach of the Hero HIL Code of Conduct, the Tournament Director may ask the matter to be considered by Hero HIL and/or Hockey India (applies to breaches under sections 8, 9 and 10 only).

11.3 In the event of an alleged breach outside the Hero HIL, the matter will be addressed by the Hockey India Disciplinary Committee.

11.4 In case of a proven serious breach, Hero HIL reserve the right to ask the participant to leave Hero HIL and/or India, and may lead to the participant not being invited to participate in Hero HIL in the future.
APPENDIX A

CODE OF CONDUCT - GUIDELINES OF OFFENCES AND PENALTIES

Level 1

The penalty for a Level 1 offence shall be an official reprimand and/or a suspension of the individual for a minimum of one match.

Examples of behaviour which may result in a Level 1 penalty are as follows:

(a) verbal abuse or hostility towards any other participant, person or any other member of the public;
(b) disputing/protesting, reacting in a provocative or disapproving manner in an inappropriate way toward any decision made by an umpire or official;
(c) charging or advancing towards an umpire or technical official in an aggressive manner when appealing;
(d) excessive appealing of an umpire's decision;
(e) throwing a stick or ball at or near a player, umpire or official in an inappropriate and/or dangerous manner;
(f) inappropriate and deliberate physical contact between players in the course of play;
(g) using rude or abusive language, gestures or hand signals gestures which are considered to be obscene, offensive, or insulting;
(h) abuse of hockey equipment or clothing, venue equipment or fixtures and fittings;
(i) making public statements which are not fair, constructive or reasonable and involve a personal attack on another player, umpire, technical official or administrator;
(j) failure to attend media conferences as requested.

LEVEL 2

The penalty for a Level 2 offence shall be a suspension of the individual for a minimum of two or more matches.

Examples of behaviour which may result in a Level 2 penalty are as follows:

(a) threat of assault on an umpire;
(b) physical assault, without injury, of another player, umpire, official or spectator;
(c) any act of violence on the field of play;
(d) using language or gestures which seriously offends, insults, intimidates, threatens, disparages or vilifies another person on the basis of that person's race, religion, gender, colour, descent or national or ethnic origin;
(e) recurrent breaches of Level 1 behaviour.
LEVEL 3

The penalty for a Level 3 offence shall be a suspension of the individual for a minimum of five or more matches.

Examples of behaviour which may result in a Level 3 penalty are as follows:

(a) physical assault causing bodily injury to another player, umpire, official or spectator;
(b) recurrent breaches of Level 2 behaviour.
APPENDIX B

CODE OF CONDUCT - GUIDELINES ON PROCESS FOR HEARINGS AND DETERMINING OFFENCE

1. The Report

1.1 All reports of any offence against the Hero HIL Code of Conduct shall be made to the Hero HIL Tournament Director (TD), or initiated by the TD in his own right. In the absence of the Tournament Director, the responsibility for action throughout this process may be delegated to the Assistant Tournament Director present at the venue.

1.2 The Hero HIL Tournament Director is to determine if an offence has been committed and the level of the offence.

1.3 A report can be received by the Hero HIL Tournament Director from any person but if received later than 24 hours after the occurrence of the conduct said to constitute the offence the TD must exercise discretion to accept such a report. That discretion is to be exercised taking into account the seriousness of the reported behaviour and the reason for the delay in making the report.

2. Principals Of Natural Justice

2.1 The principals of natural justice apply in the following way. The Hero HIL Tournament Director will advise the Team Manager of:

(a) the fact of the report of an offence;
(b) the identity of the team member(s) reported;
(c) the level of the offence;
(d) the time and place of the hearing;
(e) details of the conduct and the mode of proof of it;
(f) if the report was received later than 24 hours after the occurrence of the conduct said to constitute the offence the TD must state the reasons for the exercise of the discretion to accept the report. No appeal from the exercise of that discretion is possible.

3. The Hearing

3.1 The Tournament Director must chair the meeting (subject to delegation for reason of conflict of interest).

3.2 The hearing must be attended by the person who is the subject of the report and one representative if they desire (in addition the person who is the subject of the charge may be assisted by an interpreter).

3.3 The Tournament Director must outline the evidence relied on to support the report including showing any video footage.

3.4 The subject is to be asked for his response to the report - i.e. does he accept the offence as charged or not. The subject must be permitted to present material as to either or both of the fact of the offence or the penalty.
3.5 If the person who is the subject of the report fails to attend the hearing, the hearing shall take place in the absence of that person and the fact of the failure to attend shall be taken into account in the determination of the appropriate penalty in the event that an offence is found to have been committed.

4. The Decision

4.1 The decision will be made in writing and read to the person who is the subject of the report by the Tournament Director (through an interpreter if necessary). It should deal (at least) with the following matters:

(a) whether or not the subject accepts the breach of the Hero HIL Code of Conduct;

(b) If the subject does not accept the breach, a finding as to whether a breach has occurred and why.

4.2 Should it be found (or agreed) that an offence has been committed either the minimum penalty is imposed or, at the entire discretion of the Tournament Director, a greater penalty.

4.3 If a greater penalty is to be considered then the following should be taken into account by the Tournament Director in imposing this greater penalty:

(a) the disciplinary history of the subject;

(b) the attitude of the subject at the hearing;

(c) any penalty already incurred, for example, if a card was given during the game the length of time of any suspension served under that card;

(d) the seriousness of the offence by comparison with other offences within that level.

5. Definition of the Penalty

5.1 The written statement to the subject must contain a clear definition of the penalty which must include:

(a) the number of matches for which the subject is suspended;

(b) the date of commencement of the suspension;

(c) the match or matches to which the suspension shall apply must be specified;

(d) any terms of the penalty in addition to suspension, for example referral to a higher authority such as Hero HIL or Hockey India or FIH.
APPENDIX C

IMAGE RIGHTS POLICY

1. Introduction
   1.1 The Hero Hockey India League (Hero HIL) presents an international showcase for hockey and individual participants. For Hockey India the Hero HIL also represents an unparalleled opportunity for the promotion of hockey in India, and of Indian hockey worldwide.
   1.2 Hero HIL acknowledges the general image rights of participants and this Policy sets out the rights of Hero HIL and Hockey India, and of the Hero HIL participants, concerning those rights.

2. Participants
   2.1 For the purpose of this Policy, the following shall be considered as participants:
      (a) all team members and officials including players, team management, coach and coaching staff, video operators, medical staff, technical support staff and any other duly appointed representatives of the participating teams;
      (b) all Hero HIL appointed technical officials including the Tournament Director, Assistant Tournament Directors, Technical Officers, Judges, Umpires, Medical Officer, Media Officer, and any other ad hoc officials appointed by Hero HIL.

3. Image Rights
   For the purpose of this Policy, Image Rights refers to the film, video/dvd, computer, television and photographic images identified or otherwise recorded of participants during any Hero HIL event.

4. Use of Images By Hero HIL
   4.1 Hero HIL and/or Hockey India shall be permitted to only use images taken of participants during Hero HIL events for non-commercial purposes.
   4.2 The images may be used for the promotion of Hero HIL, for the general promotion of hockey in India, and for other promotional purposes by Hero HIL and/or Hockey India, including the marketing of tickets etc.
   4.3 The Hero HIL and/or Hockey India shall be permitted to use and publish the images of participants taken during Hero HIL events in Hero HIL and/or Hockey India publications such as:
      (a) the official Hockey India website at www.hockeyindia.org;
      (b) the official Hockey India facebook and twitter pages;
      (c) any outlets directly controlled by Hero HIL franchise team owners;
      (d) Hockey India/Hero HIL newsletters, programme books, posters, handbooks and any other internal or external publications, advertisements or electronic media;
      (e) presentations made by Hockey India/Hero HIL organisers, officials or teams.
4.4 Images may also be used for the same purposes as stated above (clause 4.3) by the International Hockey Federation (FIH) and/or by the National Hockey Associations and home clubs of the players or officials concerned.

5. Copyright of Images
The copyright of television images taken by the official host broadcaster and photographic images taken by any officially appointed Hero HIL photographer remains with the Hero HIL. Written permission must be given by Hero HIL for any participant and/or third party to use these images.

6. Commercial Use of Images
In the event that the Hero HIL or any third party (e.g. Hero HIL Franchise Owner or National Association) would like to use any images taken of participants at an Hero HIL event for commercial purposes, the participant(s) depicted in the image will be contacted directly or through their National Association to ask for their approval. In the event that the participant(s) refuses approval, the image will not be permitted to be used.
APPENDIX D

HI ANTI-DOPING POLICY AND REGULATIONS (JANUARY 2012)

The Hockey India Anti-Doping Policy and Regulations (January 2012) is a long and complex document. The following notes summarise key points from the document but it must be noted that the Participant Acknowledgment and Agreement declaration refers to compliance with the full HI Anti-Doping Regulations a copy of which is available on the Hero HIL website at www.hockeyindia.org

It is the responsibility of all National Associations and Hero HIL Team Managers to ensure that its players, managers, coaches and in particular its medical and para-medical staff are aware of and have access to the HI Anti-Doping Regulations.

National Associations must provide their players, managers, coaches, medical and para-medical staff with a hard copy of the HI Anti-Doping Regulations on request.

1. The following constitute Anti-Doping Rule Violations:
   (a) The presence of a prohibited substance or its metabolites or markers in an athlete’s bodily specimen. It is each athlete’s personal duty to ensure that no prohibited substance enters his or her body. Athletes are responsible for any prohibited substance or its metabolites or markers found to be present in their bodily specimens.
   (b) Use or attempted use of a prohibited substance or a prohibited method.
   (c) Refusing, or failing without compelling justification, to submit to sample collection after notification as authorised in these anti-doping regulations or otherwise evading sample collection.
   (d) Violation of the requirements regarding athlete availability for out-of-competition testing.
   (e) Tampering, or attempting to tamper, with any part of doping control.
   (f) Possession of prohibited substances and methods.
   (g) Trafficking in any prohibited substance or prohibited method.
   (h) Administration or attempted administration of a prohibited substance or prohibited method to any athlete, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an Anti-Doping Rule Violation or any attempted violation.

2. These FIH Anti-doping Regulations, available from the FIH website (www.fih.ch), incorporate the prohibited list that is published and revised by the World Anti-Doping Agency (WADA).

3. Athletes with a documented medical condition requiring the use of a prohibited substance or a prohibited method must first obtain a Therapeutic Use Exemption (TUE).

4. Doping control applies at senior and junior levels for both men and women.

5. For events under the control of the HI, the total number of tests will be determined by HI. Matches at which tests will be carried out will be selected randomly by the Anti-Doping Control Officer and/or the Hero HIL Medical Officer in consultation with the Tournament Director. Athletes to be tested will be
selected randomly by the Tournament Director or his/her appointee on duty in the presence of the Doping Control Officer and Hero HIL Medical Officer. An athlete may be subjected to a doping control on more than one occasion during an event. (Note: for clarification, Hero HIL is not under the control of FIH, but Anti-Doping Testing will be carried out by the National Anti-Doping Agency of India (NADA) using similar principals to those included in the FIH Anti-Doping Regulations).

6. The HI Chief Executive Officer may provisionally suspend an athlete prior to the opportunity for a full hearing based on an Adverse Analytical Finding. When it appears that these anti-doping regulations have been violated in connection with NADA testing or testing at an international event then the case shall be assigned to the FIH Disciplinary Commission for adjudication. In the case of a national event (such as Hero HIL), any violation will be reported to the FIH and to the player's own National Association within 14 days.

7. A violation of these anti-doping regulations in connection with an in-competition test automatically leads to disqualification of the individual athlete with all resulting consequences, including forfeiture of all trophies and medals received in that competition.

8. The period of Ineligibility imposed for a violation of relevant articles shall be
- first violation: two (2) years' ineligibility.
- second violation: lifetime ineligibility.

9. If more than two team members are found to have committed an Anti-Doping Rule Violation during the event, the team may be subject to disqualification or other disciplinary action.

10. Decisions made under these anti-doping regulations may be appealed as set forth in the HI Anti-Doping Regulations.
APPENDIX E

ANTI-CORRUPTION POLICY

Hockey India has adopted the FIH Anti-Corruption Policy as a means of safeguarding the integrity of the sport of hockey and of Hero HIL by:

(i) prohibiting any conduct that may impact improperly on the outcome of Hero HIL events;

(ii) establishing a mechanism of enforcement and sanction for those who, through their corrupt conduct, place the integrity of the sport and Hero HIL at risk.

The Hero HIL and/or Hockey India is committed to taking all practical steps within its power to prevent corrupt practices undermining the integrity of the sport of hockey and, for the purposes of this document, specifically within Hero HIL.

The FIH Regulations on Betting and Anti-Corruption are recognised by the International Olympic Committee and is the FIH's contribution to corrupt-free sport worldwide.

The FIH Anti-Corruption Regulations (July 2012) can be found on the FIH website at www.fih.ch
GUIDELINES ON RULES VARIATIONS
1. Variations

To add to the excitement of Hero HIL matches, and particularly to the attraction of the game on TV, a number of variations to the Rules of Hockey will apply during Hero HIL matches in 2013. The variations are as identified below.

These variations are experimental format/rule variations only. The intention is entirely to make the game more exciting and understandable for spectators and TV audiences, as well as incorporating gaps for TV replays or advertisement breaks.

2. Rules Of Hockey

The mandatory experimental rules included in the 2013 Rules of Hockey will be played at Hero HIL, unless otherwise varied below. Specifically, the Method of Scoring (Rule 8) which allows an own goal to be scored, and Raising the Ball from a Free Hit (Rule 13.2).

3. Match Time

3.1 A match consists of 70 minutes played in four periods of 17½ minutes each, separated by an interval of 2½ minutes at quarter and three quarter time, and of 10 minutes at half time. Teams will change ends at half time only.

3.2 The team which has taken the first centre pass will also take the centre pass after the first quarter break. The other team will take the centre pass after half time and after the third quarter break.

- The match clock should run down from 17:30 to 00:00 in each quarter.
- The quarter should be indicated on the scoreboard (Q1, Q2 etc).
- The Technical Officer (or scoreboard) will sound the hooter at the end of each quarter as normal.
- The same rules apply to a penalty corner awarded before the hooter is sounded at quarter time breaks and half/full time.
- Teams will not leave the pitch at quarter time breaks and must be back in position and ready to play at 2½ minutes. The Technical Officer on duty will encourage teams to finish any activity shortly after 2 minutes have elapsed.
- Teams may also be required to remain at the pitch during half time.

3.3 Each team will be allowed one Time-out during a match. Time-outs may be used in accordance with Paragraph 4 of this Appendix.
4. Time-out

4.1 Each team may call for a Time-out once during a match, subject to the conditions below, although they are not obligated to do so. Time-outs will not apply during any period of extra time or during a shoot-out competition where these occur in a Play-off match.

4.2 A Time-out:
   (a) may be called by either team when play is stopped immediately before putting the ball back into play after it has been outside the pitch, or before a free hit, centre pass or a bully;
   (b) may not be called within the period from the award of a penalty corner or penalty stroke until after it has been completed;
   (c) will take a maximum of 2 minutes. The duration of the Time-out is controlled by the Technical Officer. After 2 minutes players of both sides must be ready to re-start the match exactly on time;

4.3 The procedure for a Time-out is as follows:
   (a) the Team Manager or Coach of either team verbally request to the Technical Officer on duty that they require a Time-out at the next appropriate break in play;
   (b) the Technical Officer indicates to the nearside Umpire using the ‘T’ board. At the next appropriate break in play (as decided by the Umpire), the Umpire will stop the match by blowing his whistle and indicate that a Time-out has been called by using a ‘T’ signal in front of his chest;
   (c) the Technical Officer will stop the match time and will commence a 2 minute countdown;
   (d) the Time-out may take place on the field of play, or at the team bench;
   (e) the nearside Umpire shall blow his whistle when 1 minute 45 seconds has elapsed and ask players to resume their positions on the field of play to restart the match;
   (f) the nearside Umpire shall re-start the match exactly on time (or less if both teams are ready to play), even if players from either team are yet to resume their positions. At the same time the Technical Officer shall re-start the match time clock;
   (g) the match is re-started by putting the ball back into play or with a free hit, centre pass or bully which was due to take place before the Time-out occurred.

4.4 During a Time-out:
   (a) players and team officials may not leave the field of play or team bench area unless authorised to do so by the Technical Officer on duty;
   (b) any temporarily suspended player(s) may re-join their team for the duration of a Time-out but must return to their suspension seat at
the technical table to complete their suspension period when the match resumes;

(c) teams may make substitutions during a Time-out, but any substitutions made must be notified by the Team Manager to the Technical Officer on duty immediately the match re-starts.

- A Time-out can only commence once there is a break in play.
- During the Time-out the match clock should run down from 02:00 to 00:00.
- Teams will not leave the pitch at Time-outs and must be back in position and ready to play at no later than the expiry of the 2 minutes on the clock.
- Technical Officials and umpires will encourage teams to finish any activity shortly after 1 minute 45 seconds to allow players to get back into positions to restart the match.

5. Penalty Corner Penalties

5.1 At a penalty corner, until the ball has been played, no attacker other than the one taking the push or hit from the back-line is permitted to enter the circle and no defender is permitted to cross the centre-line or back-line.

5.2 For any offence of this rule by a defender on the back-line, other than the goalkeeper or player with goalkeeper privileges, the offending player is required to go beyond the centre-line and cannot be replaced by another defender.

5.3 For any offence of this rule by a defending goalkeeper or player with goalkeeping privileges, the defending team defends the penalty corner with one less player.

5.4 For an offence of this rule by an attacker who enters the circle before the ball is played, the offending player is required to go beyond the centre line.

5.5 If the player taking the push or hit from the back-line feints at playing the ball, the offending player is required to go beyond the centre line but is replaced by another attacker; if this feinting leads to what would otherwise be a breach of this rule by a defender, only the attacker is required to go beyond the centre line.

5.6 Subject to the above, the penalty corner is re-taken.

5.7 If another breach of the rule as described above occurs during the re-taken penalty corner, further consequences apply as specified above (eg for a second offence of this rule by a defender on the back line, the team defends the penalty corner with not more than three (3) players.

5.8 A subsequent penalty corner (as opposed to a re-taken penalty corner) may be defended by not more than five (5) players.

- Time is not stopped (unless the umpire stops time for another reason).
6. Temporary Player Suspensions

6.1 A player who receives a green card (warning) from an Umpire will be temporarily suspended for two (2) minutes of playing time.

6.2 A player who receives a yellow card from an Umpire will be temporarily suspended for a minimum of five (5) minutes of playing time. For a more serious offence, this may be increased to ten (10) minutes at the discretion of the Umpire. The duration of a yellow card suspension must be indicated to the technical official on duty by the Umpire who issues the yellow card.

6.3 For the duration of each temporary suspension, the offending team plays with one less player.

6.4 If a field player receives a green or yellow card, the umpires stop the match to issue the card and shall immediately re-start the match after issuing the card.
6.5 If a goalkeeper or player with goalkeeping privileges receives a green or yellow card, the umpires stop the match to issue the card and shall re-start the match after the player has left the field of play.

6.6 The offending player leaves the field of play immediately; if they interfere with play on their way to the designated suspension area the umpire may further penalize the player in accordance with the Rules of Hockey.

6.7 The period of any temporary suspension starts only when the player is seated in the designated area and the match has been re-started. The timing of the suspension is controlled by the technical official on duty.

6.8 The offending player is permitted to resume play when the technical official on duty indicates that the period of suspension has been completed unless this occurs during the taking of a penalty corner in which case the player cannot return until the corner has been completed or another penalty corner is awarded.

6.9 If the offending player is a goalkeeper or player with goalkeeping privileges, the technical official on duty notifies the nearest Umpire when the period of suspension has been completed; the Umpire stops time at the next stoppage in play to enable the player to resume play.

6.10 A player can only receive one (1) yellow card in a match. If a second yellow card is given to the same player, this card will automatically be followed by a red card.

- The umpire should stop time to award the card in the normal way and should restart the game as soon as possible, without waiting for the player to leave the pitch, unless there is another reason to stop time, such as an injury or video referral.
- The timing of a player suspension takes place during game time only, not stopped time. If the umpire does not re-start time until after the player is seated, the timing of the suspension will only commence once the umpire re-starts time.
- Players will be allowed back onto the field of play exactly on time (other than if a PC has been awarded or is in progress). Suspended players can be substituted at the expiry of their suspension as normal.
- The minimum number of players on a pitch for a team is 8, so umpires and coaches need to keep this in mind.
- If the Captain receives a 'team' green card, he is still suspended for 2 minutes.
- At least 3 chairs for temporarily suspended players are required each side of the Technical Table.

7. Penalty Corner Timing

7.1 When a penalty corner is awarded, Umpires shall (to allow TV replays and for defenders to put on their body/head protective gear) allow not less than 45 seconds to elapse before allowing the penalty corner to commence.
7.2 The 45 second clock shall be activated by the technical officials as soon as the penalty corner is awarded. The match time clock does not stop, unless otherwise directed by the Umpire.

7.3 Upon expiry of the 45 seconds the umpire may allow the taking of the penalty corner. If the attackers fail to inject the ball within a reasonable time after that then the umpire may disallow the corner.

7.4 The 45 second rule will apply only to the initial award of a penalty corner and not to any retake, or to any second penalty corner awarded before the ball has moved 5m from the circle.

- The PC delay is not a stoppage in time - the match clock continues to run.
- The 45 seconds delay will be indicated on the scoreboard by means of a separate countdown clock.
- The full 45 seconds delay will still occur even if the PC is awarded within the last 45 seconds of a match period.
- Umpires can still stop time for other reasons during the delay period. However, the delay continues in 'real' time and may therefore have expired by the time the umpire re-starts the game to allow the penalty corner to be taken.
- Umpires may decide not to stop time for time wasting if there is still time left in the 'delay' period.
ANTI-DOPING POLICY AND REGULATIONS

Preamble

Doping is fundamentally contrary to the spirit of sport. Doping menace has infiltrated into all sports and the need to contain and control this menace has been well appreciated by the sports fraternity. The World Anti Doping Agency (WADA) was established in 1999 with this objective. It is an independent organization outside the control of any national government. At present the Headquarters of WADA is in Montreal, 50% of funding of WADA comes from the International Olympic Committee and the remaining 50% is contributed by the national governments who are signatories to the WADA Code and the UNESCO Convention against doping in sport. India too is a signatory to the WADA Code.

WADA has encouraged the nations which are signatories to the WADA Code to form national anti-doping organisations in their own countries to manage doping control under the umbrella of WADA. These National Anti Doping Organizations (NADO) are also independent bodies.

In India, the National Anti Doping Agency (NADA) was established in 2008 with its office at Pragati Vihar Hostel, CGO Complex, New Delhi. After formulating its rules and regulations, on 1st January 2010, NADA had sent a communication to all the National Sports Federations (NSF) stating that henceforth the doping control in respect of all sports will be carried out directly by NADA. All NSF recognized by the Ministry of Sports, Govt. of India are deemed to have accepted the NADA rules and regulations on doping control for their own respective sports. Hockey India (HI) as the national sports federation for hockey in India has accepted NADA as the agency to organise doping control for hockey in India. As such the sample collection, testing of samples and result management as well as issuance of the Therapeutic Use Exemption (TUE) certification in respect of hockey are carried out by NADA.

Working With NADA

By accepting the NADA rules and regulations on doping control, Hockey India has agreed to share/bestow the below mentioned duties and responsibilities to NADA with regard to doping control in the discipline of Field and Indoor Hockey:

1. HI will share the data of top-level hockey players for preparing a registered testing pool by NADA and forward their whereabouts information to NADA.

2. NADA will carry out in competition, out of competition, random and target testing of hockey players any day any time anywhere without advanced notice.

3. NADA will arrange to test the urine/blood samples collected from hockey players in a WADA accredited laboratory of its choice.

4. NADA will organize issuing Therapeutic Use Exemption (TUE) certificates to hockey players on receipt of TUE applications from HI.
5. The result management of positive dope tests involving hockey players will be presented by NADA to the Anti Doping Disciplinary Panel constituted in terms of the Anti Doping Rules of NADA.

6. The Anti Doping Disciplinary Panel of NADA will award sanctions/penalties to hockey players tested positive for doping offence as per the provisions of NADA Rules.

7. Both NADA and the player concerned has the right to appeal against the sanctions of the Anti Doping Disciplinary Panel before the Anti Doping Appeal Panel constituted under the NADA Anti Doping Rules-2010.

8. NADA will carry out Anti doping awareness and educational programmes for players and officials as per their own programme. HI will also carry out this responsibility on its own thereby supplementing the efforts of NADA.

9. If requested by HI, NADA may also carry out sample collection for dope tests for international tournaments held in India. The result management in this case involving foreign players will be done as per the FIH anti doping regulations.

ANTI DOPING REGULATIONS

The Anti Doping Regulations (ADR) of Hockey India is based on 'Zero tolerance of Doping'. The ADR is formulated and adopted in conformance with FIH's (International Hockey Federation) responsibilities under the WADA Code and the NADA regulations and rules.

All Indian hockey players, support personnel and other officials need to acquaint themselves fully with the HI-ADR as well as with the FIH, WADA and NADA anti-doping rules and regulations and are bound by them.

It is the responsibility of all Hockey India members including State Units to ensure that its players, managers, coaches and in particular its medical and para-medical staff are aware of the HI-ADR, copies of which can be found on the HI website www.hockeyindia.org.

It is each player's personal duty to ensure that no prohibited substance enters his or her body. Players are responsible for any prohibited substance or its metabolites or markers found to be present in their bodily specimens.

Under HI-ADR, an anti-doping rule violation is committed when a prohibited substance or its metabolites or markers is present in an athlete's sample. In accordance with HI-ADR, samples collected in accordance with the ADR shall be analyzed to detect substances and methods on the prohibited list in an athlete's urine, blood or other matrix, including DNA or genomic profiling, for anti-doping purposes. Details of the prohibited list can be found at Article 4 or on the HI website.

The HI-ADR must be followed as far as is reasonably practicable. Departures from the ADR which did not cause an Adverse Analytical Finding or other anti-doping rule violation shall not invalidate such results.

The ADR shall apply to HI, each State Unit, Full and Associated Members of HI, and each participant in the activities of HI, including Hockey India League. All State Units and members must guarantee that all players registered to participate in an FIH/HI event accept the HI-ADR.
In the event of any differences between HI-ADR and the International Standards, the Anti-Doping Regulations of FIH shall prevail. As doping control responsibilities of HI is delegated or assigned by statute or agreement to the National Anti Doping Agency (NADA)-India, references in the HI-ADR shall apply, as appropriate to NADA-India.

ARTICLE 1 - DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.8 of these Anti-Doping Regulations.

ARTICLE 2- ANTI-DOPING REGULATION (ADR) VIOLATION

Players and other persons shall be responsible for knowing what constitutes an ADR violation and the substances and methods which have been included in the prohibited list (Article 4).

The following constitute an ADR violation:

2.1 The presence of a prohibited substance or its metabolites or markers in a player's sample. It is each player's personal duty to ensure that no prohibited substance enters his or her body. Players are responsible for any prohibited substance or its metabolites or markers found to be present in their sample.

2.2 Use or attempted use by a player of a prohibited substance or a prohibited method.

2.3 Refusing or failing without compelling justification to submit to sample collection after notification, or otherwise evading sample collection.

2.4 Violation of applicable requirements regarding player availability for out of competition testing, including failure to file whereabouts information.

Note: Any combination of three missed tests and/or filing failures committed within an eighteen-month period shall constitute an ADR violation.

2.5 Tampering or attempted tampering with any part of doping control.

2.6 Possession of Prohibited substances and Methods unless the player establishes that the possession is pursuant to a Therapeutic Use Exemption (TUE)

2.7 Trafficking or attempted trafficking of any prohibited substance or prohibited method.

2.8 Administration or attempted administration to any player of any prohibited substance or prohibited method.
ARTICLE 3 - PROOF OF DOPING

3.1   As the sample collection and result management in the sports of hockey in India are done by the National Anti Doping Agency of India (NADA), NADA shall have the burden of establishing that an anti-doping rule violation has occurred to the comfortable satisfaction of the Anti Doping Disciplinary Panel constituted in terms of ADR, NADA.

3.2   Methods of Establishing Facts and Presumptions

3.2.1 NADA may establish that an anti-doping rule violation has been committed based on the player's admissions, the credible testimony of third persons, reliable documentary evidence, reliable analytical data from either an A or B Sample or conclusions drawn from the profile of a series of the player's blood or urine samples.

3.2.2 WADA-accredited laboratories are presumed to have conducted sample analysis and custodial procedures in accordance with the International Standard for Laboratories.

3.2.3 The player or other person may rebut this presumption by establishing that a departure from the International Standard occurred which could reasonably have caused the Adverse Analytical Finding and thereby caused violations of HI anti doping policy, then the NADA shall have the burden to establish that such departure did not cause the Adverse Analytical Finding or the factual basis for the anti doping policy violation.

ARTICLE 4 - THE PROHIBITED LIST

4.1   Incorporation of the prohibited List

The HI Anti Doping policy incorporate the Prohibited List which is published and revised by WADA as described in the WADA Code. HI will make the current Prohibited List available on its website and send updates to each State Unit. It is the responsibility of each State Unit to ensure that the current Prohibited List is available to its members and constituents. The Prohibited List in force is also available on WADA's website: www.wada-ama.org as well as NADA website: www.nada.nic.in. The prohibited list is an integral part of the International Convention against Doping in Sport.

4.2   Prohibited Substances and Prohibited Methods Identified on the Prohibited List

4.2.1 Unless provided otherwise in the Prohibited List and/or a revision, the Prohibited List and revisions shall go into effect under these Anti-Doping Regulations three months after publication of the Prohibited List by WADA without requiring any further action by HI.

4.2.2 There is only one Prohibited List. The substances which are prohibited at all times would include masking agents and those substances which, when used in training, may have long term
performance enhancing effects such as anabolic. All substances and methods on the Prohibited List are prohibited In-Competition. Out-of-Competition use of a substance which is only prohibited In-Competition is not an anti-doping rule violation unless an Adverse Analytical Finding for the substance or its metabolites is reported/ found in a sample collected during In-Competition testing.

4.2.3 Specified Substances

All Prohibited Substances shall be “Specified Substances” except (a) substances in the classes of anabolic agents and hormones; and (b) those stimulants and hormone antagonists and modulators so identified on the Prohibited List. Prohibited Methods shall not be Specified Substances.

4.3 Therapeutic Use Exemption (TUE)

4.3.1 Players with a documented medical condition requiring the use of a prohibited substance or a prohibited method must first obtain a Therapeutic Use Exemption (TUE) certificate from the TUE Committee set up under ADR, NADA.

4.3.2 Players included by FIH in its Registered Testing Pool and other players participating in any International Event must obtain a TUE from FIH. Others must obtain the TUE from NADA. The application for a TUE must be made (save in emergency situations) no later than 30 days before the player’s participation in the Event. TUE granted by FIH/NADA shall be reported to HI, and in case of International athletes in the registered testing pool, to WADA through Anti Doping Administration and Management System (ADAMS).

4.3.3 Players who are not included by FIH in its Registered Testing Pool and/or who do not participate in an International Event identified by FIH must obtain a TUE from NADA as required under the rules of HI/NADA. HI shall promptly report any such TUE to FIH and WADA through ADAMS.

4.4 NADA shall appoint a Committee of physicians to consider requests for TUE’s (the "TUE Committee") in accordance with the International Standard for Therapeutic Use Exemptions. A TUE request shall be considered by a three members Committee. The TUE Committee member(s) so designated shall promptly evaluate such request in accordance with the International Standard for Therapeutic Use Exemptions and render a decision on such request which shall be the final decision of HI also.

4.5 WADA at the request of a player or on its own initiation may review the granting or denial of any TUE by FIH/NADA. If WADA determines that the granting or denial of a TUE did not comply with the International Standard for Therapeutic Use Exemptions in force at the time then WADA may reverse that decision. Decisions on TUE’s are subject to further appeal to Court of Arbitration for Sports (CAS).
ARTICLE 5 - TESTING

5.1 Authority to Test

All players under the jurisdiction of HI shall be subjected to In-Competition Testing by FIH/NADA and/or any other Anti-Doping Organization responsible for testing at a competition or event in which they participate.

All players under the jurisdiction of HI, including players serving a period of ineligibility or a provisional suspension, shall also be subject to Out-of-Competition testing at any time or place, with or without advance notice, by FIH, WADA, HI, NADA-India, the National Anti Doping Organization of any country where the player is present, the IOC during the Olympic Games, and the IPC during Paralympic Games. Target Testing will be made a priority.

5.2 Responsibility for HI Testing

The HI Medical Committee/NADA-India shall be responsible for overseeing a test distribution plan for the sport of hockey in accordance with the International Standard for testing, and for ensuring the implementation of that plan, including overseeing all testing conducted by or on behalf of FIH. Testing may be conducted by qualified persons so authorized by NADA/FIH.

5.3 Testing Standards

Testing conducted by FIH, NADA or any other competent authority shall be in substantial conformity with the International Standard for testing in force at the time of testing.

5.4 Coordination of Testing

NADA shall promptly report completed tests through the WADA clearinghouse to avoid unnecessary duplication in testing.

5.5 Player Whereabouts Requirements

5.5.1 HI shall identify a Registered Testing Pool of those players who are required to comply with the whereabouts requirements of the International Standard for testing. It shall publish the criteria for players to be included in this Registered Testing Pool as well as a list of the players meeting those criteria for the period in question. WADA shall review and update as necessary its criteria for including players in its Registered Testing Pool, and shall revise the membership of its Registered Testing Pool from time to time as appropriate in accordance with the set criteria. Each player in the Registered Testing Pool (a) shall advise HI of his/her whereabouts on a quarterly basis (b) shall update that information as necessary so that it remains accurate and complete at all times; and (c) shall make him/herself available for Testing at such whereabouts.

5.5.2 The purpose of the FIH/NADA Registered Testing Pool is to identify top-level International players who are required to provide whereabouts information to facilitate Out-of-Competition
Testing by FIH, HI and other Anti-Doping Organizations with jurisdiction over the players. FIH will identify such players in accordance with the requirements of International Standard for Testing. Examples for the criteria which could be used separately or in combination include:

- All team members of teams from the previous World Cup.
- All players who are members of the top 12 teams in the men's and women's world ranking.

HI shall report to FIH and NADA the names and addresses of all players who fall within the Registered Testing Pool criteria established by FIH/NADA.

5.5.3 A player’s failure to file his/her whereabouts with HI shall be deemed a Filing Failure.

5.5.4 A player’s failure to be available for testing at his/her declared whereabouts shall be deemed a Missed Test.

5.6 Retirements and Return to Competition

5.6.1 A player who has been identified by HI for inclusion in the Registered Testing Pool shall continue to be subject to HI Anti-Doping Regulations, including the obligation to comply with the whereabouts requirements of the International Standard for Testing unless and until the player gives written notice to FIH/HI that he or she has retired or until he or she no longer satisfies the criteria for inclusion in FIH or NADA Registered Testing Pool and has been so informed by HI.

5.6.2 A player who has given notice of retirement to FIH/HI may not resume competing unless he or she notifies FIH/HI at least six months before he or she expects to return to competition and makes him/herself available for unannounced Out-of-Competition Testing, including (if requested) complying with the whereabouts requirements of the International Standard for Testing, at any time during the period before actual return to competition.

5.7 Selection of Players to be tested

5.7.1 At International Events and national competitions, the minimum number of tests shall be:

- For events involving 16 or more teams: there should be 16 tests (12 during pool competition, 4 during classification competition)
- For events involving 12 to 15 teams: there should be 12 tests (8 during pool competition, 4 during classification competition)
- For events involving 8 to 11 teams: there should be 10 tests (8 during pool competition, 2 during classification competition)
- For events involving 6 to 7 teams: there should be 8 tests (if a competition with classification competition: 6 during pool competition, 2 during classification competition; if a competition without classification competition: 8 during pool competition)
- For events involving 3 to 5 teams: there should be 6 tests (if a competition with classification competition: 4 during pool competition, 2 during classification competition; if a competition without classification competition: 6 during pool competition)

These requirements apply to all competitions involving 3 or more teams. They apply to men and women and to senior and junior national teams.

5.7.2 At International Events, matches at which tests will be carried out will be selected randomly. Players to be tested will be selected randomly by the Tournament Director or his/her appointee on duty in the presence of the Doping Control Officer and FIH Medical Officer / the local doctor (as applicable). A player may be subjected to a doping control on more than one occasion during an event.

5.7.3 At National Events, HI/NADA shall determine the number of players selected for testing in each competition and the procedures for selecting players for testing.

5.7.4 The FIH at International Events, and the HI at National Events, may also select players or teams for target testing so long as such target testing is not used for any purpose other than legitimate Doping Control purposes.

5.7.5 Players shall be selected for Out-of-Competition Testing by the FIH and by HI through a process that substantially complies with the International Standard for Testing in force at the time of selection.

5.8 The Organizing Committee responsible for organising an event or competition shall be responsible for the organisation and cost of doping controls and shall obtain the equipment and materials and make all necessary arrangements for the testing to be carried out in accordance with the World Anti Doping Code and the FIH/HI Anti-Doping Regulations. The Organizing Committee may delegate this responsibility to NADA-India, if it desires so.

5.9 HI/NADA and the organizing committees for International Events/National Events in India at which doping controls are taking place shall provide access to Independent Observers as directed by FIH if required.

5.10 All players and Support Personnel for players participating in International Events/National Events subject to Doping Control shall sign the written acknowledgement and agreement in form devised by FIH.

ARTICLE 6 - ANALYSIS OF SAMPLES

Doping Control Samples collected under these Anti-Doping Regulations shall be analyzed in accordance with the following principles:

6.1 Use of Approved Laboratories

FIH/NADA shall send Doping Control Samples for analysis only to WADA-accredited laboratories or as otherwise approved by WADA.
Presence of a Prohibited Substance or its Metabolites or Markers) may be established only by Sample analysis performed by a WADA-approved laboratory. Laboratories shall analyze Doping Control Samples and report results in conformity with the International Standard for Laboratories.

6.2 Retesting Samples

A sample may be reanalyzed at any time exclusively at the direction of FIH, WADA or NADA.

ARTICLE 7 - RESULTS MANAGEMENT

7.1 Results Management

Results management for tests initiated by NADA or HI (including tests performed by NADA pursuant to agreement with HI for International Events) shall proceed as set forth below:

7.1.1 The results from all analyses must be sent to HI/NADA in encoded form, in a report signed by an authorised representative of the laboratory. All communication must be conducted in confidentiality and in conformity with ADAMS, a database management tool developed by WADA.

7.1.2 Upon receipt of an 'A Sample' Adverse Analytical Finding, NADA-India shall conduct a review to determine whether: (a) the Adverse Analytical Finding is consistent with an applicable TUE, or (b) there is any apparent departure from the International Standard for Testing or International Standard for Laboratories that caused the Adverse Analytical Finding.

7.1.3 If the initial review of an Adverse Analytical Finding does not reveal an applicable TUE, or departure from the International Standard for Testing or the International Standard for Laboratories that caused the Adverse Analytical Finding, HI/NADA-India shall promptly notify the player of:

(a) The Adverse Analytical Finding
(b) The anti doping rule violated
(c) The player's right to promptly request the analysis of the 'B Sample' or, failing such request, that the 'B Sample' analysis may be deemed waived
(d) The scheduled date, time and place for the B Sample analysis (which shall be within the time period specified in the International Standard for Laboratories) if the player or HI chooses to request an analysis of the 'B Sample'
(e) The opportunity for the player and/or the player's representative to attend the 'B Sample' opening and analysis at the scheduled date, time and place if such analysis is requested; and
(f) The player's right to request copies of the 'A and B Sample' laboratory documentation package, which includes information as required by the International Standard for Laboratories.
7.1.4 Where requested by the player or FIH, arrangements shall be made for Testing the B Sample within the time period specified in the International Standard for Testing. A player may accept the A Sample analytical results by waiving the requirement for B Sample analysis. HI may nonetheless elect to proceed with the B Sample analysis.

7.1.5 The player and/or his representative shall be allowed to be present at the analysis of the B Sample within the time period specified in the International Standard for Laboratories. Also a representative of the player’s State Association as well as a representative of HI shall be allowed to be present (if required).

7.1.6 If the 'B Sample' proves negative, then (unless NADA takes the case forward as an anti doping rule violation, the entire test shall be considered negative and the player and FIH shall be so informed).

7.1.7 If a Prohibited Substance or the Use of a Prohibited Method is identified, the findings shall be reported to the player, FIH and to WADA.

7.1.8 For apparent anti-doping rule violations that do not involve Adverse Analytical Findings, NADA shall conduct any necessary follow-up investigation and, at such time as it is satisfied that an anti-doping rule violation has occurred, it shall then promptly notify the player of the anti-doping rule which appears to have been violated, and the basis of the violation.

7.2 Results Management for Atypical Findings

7.2.1 If a laboratory reports the presence of Prohibited Substances that may also be produced endogenously as an 'Atypical Finding' in respect of a sample collected from a player by or on behalf of NADA, the NADA shall conduct a review to determine whether: (a) the Atypical Finding is consistent with an applicable TUE that has been granted as provided in the International Standard for Therapeutic Use Exemptions, or (b) there is any apparent departure from the International Standard for Testing or International Standard for Laboratories that caused the Atypical Analytical Finding.

7.2.2 If the initial review of an Atypical Finding under reveals an applicable TUE or departure from the International Standard for Testing or the International Standard for Laboratories that caused the Atypical Finding, the entire test shall be considered negative and the player and HI/FIH shall be so informed.

7.2.3 If the initial review of an Atypical Finding does not reveal an applicable TUE or departure from the International Standard for Testing or the International Standard for Laboratories that caused the Atypical Finding, NADA shall conduct the follow up investigation required by the International Standards. If, once that investigation is completed, it is concluded that the Atypical Finding should be considered an Adverse Analytical Finding, NADA shall pursue the matter.
7.2.4 Results management conducted by NADA shall be consistent with the general principles for effective and fair results management. Results of all Doping Controls shall be reported to FIH and to WADA within 14 days of the conclusion of the NADA's results management process. Any apparent anti-doping rule violation by a player who is a member of HI shall be promptly referred to an appropriate hearing panel established pursuant to the rules of the NADA or national law.

7.3 Results Management for Tests Initiated During International Events

Results management and the conduct of hearings from a test by the FIH, International Olympic Committee, the International Paralympic Committee, or a Major Event Organization, shall be managed, as far as sanctions beyond disqualification from the Event or the results of the Event, another National Association shall be referred to the player's National Association for hearing.

7.4 Results Management for Whereabouts Violations

7.4.1 Results management in respect of an apparent Filing Failure by a player in FIH's Registered Testing Pool shall be conducted by FIH in accordance with the International Standard for Testing, unless it has been agreed that HI or NADA shall take such responsibility.

7.4.2 Results management in respect of an apparent Missed Test by a player in FIH's Registered Testing Pool shall be conducted by FIH in accordance with the International Standard for Testing.

7.4.3 Where, in any eighteen-month period, a player in FIH's Registered Testing Pool is declared to have three Filing Failures, or three Missed Tests, or any combination of Filing Failures or Missed Tests adding up to three in total, whether under these Anti-Doping Regulations or under the rules of any other Anti-Doping Organization, FIH shall bring them forward as an apparent anti-doping rule violation.

7.5 Provisional Suspensions

7.5.1 If analysis of an 'A Sample' has resulted in an Adverse Analytical Finding for a Prohibited Substance that is not a Specified Substance, and a review does not reveal an applicable TUE or departure from the International Standard for Testing or the International Standard for Laboratories that caused the Adverse Analytical Finding, FIH/HI shall Provisionally Suspend the player pending the hearing panel's determination of whether he/she has committed an anti-doping rule violation.

7.5.2 Where a Provisional Suspension is imposed, the player shall be given either

(a) An opportunity for a Provisional Hearing before imposition of the Provisional Suspension or on a timely basis after imposition of the Provisional Suspension; or

(b) An opportunity for an expedited hearing on a timely basis after imposition of a Provisional Suspension.
NADA/HI shall impose Provisional Suspensions in accordance with the principles set forth in this Article:

7.5.3 If a Provisional Suspension is imposed based on an Adverse Analytical Finding in respect of an A Sample, and any subsequent analysis of the B Sample analysis does not confirm the A Sample analysis, then the player shall not be subjected to any further Provisional Suspension.

7.5.4 In the rare circumstance where the B Sample analysis does not confirm the A Sample finding, the player who had been provisionally suspended will be allowed, where circumstances permit, to participate in subsequent matches during the Event. Players shall receive credit for a Provisional Suspension against any period of ineligibility, which is ultimately imposed.

7.6 Retirement from Sport

If a player or other Person retires while a results management process is underway, NADA retains jurisdiction to complete its results management process. If a player or other Person retires before any results management process has begun and NADA would have had results management jurisdiction over the player or other Person at the time the player or other Person committed an anti-doping rule violation, NADA has jurisdiction to conduct results management.

ARTICLE 8 - RIGHT TO A FAIR HEARING

8.1 Hearings arising out of FIH Testing or Tests at International Events

8.1.1 When it appears, that these Anti-Doping Regulations have been violated in connection with FIH testing or testing at an International Event, then the case shall be assigned to the FIH Judicial Commission for adjudication. Hearings held in connection with Events may be conducted on an expedited basis.

8.1.2 Player or other Person alleged to have violated these Anti-Doping Regulations may attend the hearing as an observer.

8.1.3 FIH shall keep WADA fully apprised as to the status of pending cases and the result of all hearings.

8.1.4 A player or other Person may forego a hearing by acknowledging the Anti-Doping Rule violation and accepting consequences.

8.1.5 Decisions of the FIH Judicial Commission may be appealed to Court of Arbitration for Sport.

8.2 Hearings Arising Out of National Testing

8.2.1 When it appears, following the Results Management process, that these Anti-Doping Regulations have been violated in connection with Testing other than in connection with FIH Testing or Testing at an International Event, the player or other Person involved shall be brought before a disciplinary panel constituted under ADR of NADA for a hearing to adjudicate whether a violation of these Anti-Doping Regulations occurred and if so what Consequences should be imposed.
8.2.2 Hearings pursuant shall be completed expeditiously and in all cases within three months of the completion of the Results Management process. If the completion of the hearing is delayed beyond three months, FIH may elect to bring the case directly before the FIH Judicial Commission at the responsibility and at the expense of HI.

8.2.3 HI/NADA shall keep FIH and WADA fully apprised as to the status of pending cases and the results of all hearings.

8.2.4 FIH and WADA shall have the right to attend hearings as an observer.

8.2.5 The player or other Person may forego a hearing by acknowledging the violation of these Anti-Doping Regulations and accepting consequences as proposed by NADA. The right to a hearing may be waived either expressly or by the player's or other person's failure to challenge the NADA's assertion that an anti-doping rule violation has occurred within seven days. Where no hearing occurs, HI/NADA shall submit to the player/persons a reasoned decision explaining the action taken. Decisions by NADA, whether as the result of a hearing or the player or other person's acceptance of consequences, may be appealed.

8.3 Principles for a Fair Hearing

All hearings shall respect the following principles:
- A timely hearing;
- Fair and impartial hearing panel;
- The right to be represented by counsel at the person's own expense;
- The right to be informed in a fair and timely manner of the asserted anti-doping rule violation;
- The right to respond to the asserted anti-doping rule violation and resulting consequences;
- The right of each party to present evidence, including the right to call and question witnesses;
- The Person's right to an interpreter at the hearing, and
- A timely, written, reasoned decision, specifically including an explanation of the reason(s) for any period of Ineligibility.

ARTICLE 9 - AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

Not applicable to hockey as a team sport.

ARTICLE 10 - SANCTIONS ON INDIVIDUALS

10.1 Disqualification of Results in Event during which an Anti-Doping Rule violation occurs
10.1.1 An Anti-Doping Rule violation occurring during or in connection with an Event may lead to disqualification of all of the player's individual results obtained in that Event with all consequences, including forfeiture of all medals, points and prizes.

10.1.2 If the player establishes that he or she bears No fault or Negligence for the violation, the player's individual results in the other Competition shall not be disqualified unless the player's results in competition other than the competition in which the anti doping rule violation occurred were likely to have been affected by the player's anti doping rule violation.

10.2 Ineligibility for Presence, Use or Attempted Use, or Possession of Prohibited Substances and Prohibited Methods

First violation: Two (2) years' Ineligibility.

10.3 Ineligibility for Other Anti-Doping Rule Violations

10.3.1 Refusing or failing to submit to sample collection, tampering with doping control, the Ineligibility period shall be two (2) years.

10.3.2 Trafficking or administration of prohibited substance or prohibited method, the period of ineligibility imposed shall be a minimum of four (4) years up to lifetime ineligibility.

10.3.3 An anti-doping rule violation involving a Minor shall be considered a particularly serious violation, and, if committed by player's support personnel for violations other than Specified Substances shall result in lifetime ineligibility for such player's support personnel.

10.3.4 Those who are involved in doping players or covering up doping should be subject to sanctions which are more severe than the players who test positive. Since the authority of sport organizations is generally limited to Ineligibility for credentials, membership and other sport benefits, reporting Athlete Support Personnel to competent authorities is an important step in the deterrence of doping.

10.3.5 For Filing Failures and/or Missed Tests, the period of Ineligibility shall be at a minimum one (1) year and at a maximum two (2) years based on the player's degree of fault.

10.4 Elimination or Reduction of the Period of Ineligibility for Specified Substances under Specific Circumstances

10.4.1 Where a player or other Person can establish how a Specified Substance entered his or her body or came into his or her possession and that such Specified Substance was not intended to enhance the player's sport performance or mask the use of a performance-enhancing substance, the period of Ineligibility shall be replaced with the following:

First violation: At a minimum, a reprimand and no period of Ineligibility from future Events, and at a maximum, two (2) years of Ineligibility. The Athlete or other Person's degree of fault shall be the criterion considered in assessing any reduction of the period of Ineligibility.
10.5 Elimination or Reduction of Period of Ineligibility Based on Exceptional Circumstances

10.5.1 No Fault or Negligence

If a player establishes in an individual case that he or she bears No Fault or Negligence, the otherwise applicable period of Ineligibility shall be eliminated. When a Prohibited Substance or its Markers or Metabolites is detected in a player's sample, the player must also establish how the Prohibited Substance entered his or her system in order to have the period of Ineligibility eliminated.

10.5.2 No Significant Fault or Negligence

If an player or other person establishes in an individual case that he or she bears No Significant Fault or Negligence, then the period of ineligibility may be reduced, but the reduced period of ineligibility may not be less than one-half of the period of ineligibility otherwise applicable. If the otherwise applicable period of ineligibility is a lifetime, the reduced period under this section may be no less than 8 years. When a Prohibited Substance or its Markers or Metabolites is detected in a player's sample the player must also establish how the Prohibited Substance entered his or her system in order to have the period of ineligibility reduced.

Conversely, a sanction could not be completely eliminated on the basis of No Fault or Negligence in the following circumstances: (a) a positive test resulting from a mislabeled or contaminated vitamin or nutritional supplement (b) the administration of a Prohibited Substance by the player's personal physician or trainer without disclosure to the player and (c) sabotage of the player's food or drink by a spouse, coach or other person within the player's circle of associates.

10.6 Disqualification of results in competitions subsequent to sample collection or commission of an Anti-Doping Rule violation

10.6.1 In addition to the automatic disqualification of the results in the competition which produced the positive Sample, all other competitive results obtained from the date a positive Sample was collected (whether In-Competition or Out-of-Competition), or other anti-doping rule violation occurred, through the commencement of any provisional suspension or ineligibility period, shall, unless fairness requires otherwise, be disqualified with all of the resulting consequences including forfeiture of any medals, points and prizes.

10.6.2 As a condition of regaining eligibility after being found to have committed an anti doping rule violation, the player must first repay all prize money forfeited. Forfeited prize money shall be reallocated to other players.
10.7 Commencement of Ineligibility Period

10.7.1 Except as provided below, the period of ineligibility shall start on the date of the hearing decision providing for ineligibility or, if the hearing is waived, on the date ineligibility is accepted or otherwise imposed.

10.7.2 Timely Admission

Where the player promptly (which, in all events, means before the player competes again) admits the anti-doping rule violation after being confronted with the anti-doping rule violation by FIH/NADA, the period of Ineligibility may start as early as the date of sample collection or the date on which another anti-doping rule violation last occurred.

10.8 Status During Ineligibility

10.8.1 Prohibition against Participation during Ineligibility

No player or other Person who has been declared ineligible may, during the period of ineligibility, participate in any capacity in an event or activity authorized or organized by FIH or HI or a club or other member organization of FIH/HI or any National Association, or in competitions authorized or organized by any professional league or any international or national level event organization.

A player or other person subject to a period of ineligibility shall remain subject to testing. An ineligible player cannot participate in a training camp, exhibition or practice organized by FIH/HI, State Association or a club which is a member of HI.

10.8.2 Violation of the Prohibition of Participation during Ineligibility

Where a player or other person who has been declared ineligible violates the prohibition against participation during ineligibility, the results of such participation shall be disqualified and the period of ineligibility, which was originally imposed, shall start over again as of the date of the violation. If a player or other person is alleged to have violated the prohibition against participation during a period of Ineligibility, NADA/FIH shall determine whether the player violated the prohibition and, if so, whether the player or other person has established grounds for a reduction in the restarted period of ineligibility.

10.8.3 Withholding of Financial Support during Ineligibility

In addition, for any anti-doping rule violation not involving a reduced sanction for Specified Substances, some or all sport-related financial support or other sport-related benefits received by such person will be withheld by HI and FIH.

10.9 Reinstatement Testing

As a condition to regaining eligibility at the end of a specified period of ineligibility, a player must, during any period of provisional suspension or ineligibility, make him or herself available for Out-of-Competition testing by FIH, HI and NADA, and must comply with the whereabouts requirements of the International Standard for Testing.
ARTICLE 11 - CONSEQUENCES TO TEAMS

11.1 Where more than one member of a team has been notified of a possible Anti-Doping Rule violation in connection with an event, NADA/the Team ruling body for the event shall conduct appropriate Target Testing of the team during the event period.

11.2 If more than two members of a team are found to have committed an Anti-Doping Rule violation during an event period, NADA/the Team ruling body of the event shall impose an appropriate sanction on the team e.g., loss of points, disqualification from a competition or event, or other sanction in addition to any Consequences imposed upon the player(s) committing the Anti-Doping Rule violation.

11.3 The disqualified team and the players concerned must automatically and immediately return all trophies and medals received during the tournament to the event organizer.

ARTICLE 12 - SANCTIONS AND COSTS ASSESSED AGAINST STATE UNITS

12.1 The HI has the authority to withhold some or all funding or other non-financial support to State Units or Members that are not in compliance with these Anti-Doping Regulations.

12.2 HI may elect to take additional disciplinary action against State Units or Members with respect to recognition, the eligibility of its officials and players to participate in events and fines based on the following:

12.2.1 Four or more violations of these Anti-Doping Regulations are committed by players or other persons affiliated with a State Unit or Member within a 12-month period in testing conducted by NADA.

12.2.2 More than one player or other person from a State Unit and Member commits an Anti-Doping Rule violation during an event.

12.2.3 A State Unit or Member has failed to make diligent efforts to keep HI informed about a player’s whereabouts after receiving a request for that information from HI/NADA.

ARTICLE 13 - APPEALS

13.1 Decisions subject to Appeal

Decisions made under these Anti-Doping Regulations by FIH/NADA may be appealed. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise. Before an appeal is commenced, any post-decision review authorized in these rules must be exhausted.
WADA Not Required to Exhaust Internal Remedies

Where WADA has a right to appeal under Article 13 and no other party has appealed a final decision within the FIH/NADA, WADA may appeal such decision directly to CAS without having to exhaust other remedies in the FIH/HI's process.

13.2 Appeals from Decisions Regarding Anti-Doping Rule Violations, Consequences, and Provisional Suspensions

A decision that an anti-doping rule violation was committed, a decision imposing consequences for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons; a decision on prohibition of participation during ineligibility; a decision that the FIH or NADA lacks jurisdiction to rule on an alleged anti-doping rule violation or its consequences; a decision by NADA not to bring forward an Adverse Analytical Finding or an Atypical Finding as an anti-doping rule violation; or a decision not to go forward with an anti-doping rule violation after an investigation and a decision to impose a Provisional Suspension as a result of a Provisional Hearing or otherwise may be appealed exclusively. Notwithstanding any other provision herein, the only person that may appeal from a provisional suspension is the player or other person upon whom the provisional suspension is imposed.

13.2.1 Appeals Involving International-Level Players

In cases arising from competition in an International Event or in cases involving International-Level players, the decision may be appealed exclusively to CAS in accordance with the provisions applicable before such court. CAS decisions are final and binding except for any review required by law applicable to the annulment or enforcement of arbitral awards.

13.2.2 Appeals Involving National-Level Players

In cases involving national level players NADA have in place an appeal panel that respects the following principles: a timely hearing, a fair and impartial hearing panel; the right to be represented by a counsel at the person’s expense; and a timely, written, reasoned decision.

13.2.3 Persons Entitled to Appeal

The following parties shall have the right to appeal to Court of Arbitration for Sports (CAS): (a) the player or Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) FIH/NADA under whose rules a sanction could have been imposed; (d) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (e) WADA
13.3 Failure to Render a Timely Decision by FIH/NADA

Where, in a particular case, FIH or NADA fail to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA may elect to appeal directly to CAS as if FIH or NADA had rendered a decision finding no anti-doping rule violation. If the CAS panel determines that an anti-doping rule violation was committed and that WADA acted reasonably in electing to appeal directly to CAS, then WADA’s costs and attorneys’ fees in prosecuting the appeal shall be reimbursed to WADA by FIH or HI as applicable.

13.4 Appeals from Decisions Granting or Denying a Therapeutic Use Exemption

13.4.1 Decisions by NADA the grant or denial of a TUE may be appealed to the Anti Doping Appeal panel of NADA by the player.

13.4.2 Decisions by WADA reversing the grant or denial of a TUE may be appealed exclusively to CAS by the player, FIH, HI or NADA. Decisions to deny TUE’s, and which are not reversed by WADA, may be appealed by International-Level players to CAS and by other to NADA. If NADA reverses the decision to deny a TUE, that decision may be appealed to CAS by WADA. When FIH or NADA fail to take action on a properly submitted TUE application within a reasonable time, their failure to decide may be considered a denial for purposes of the appeal rights.

13.5 Timings for Filing Appeals

The time to file an appeal to CAS shall be twenty one (21) days from the date of receipt of the decision by the appealing party.

ARTICLE 14 - HOCKEY INDIA’S INCORPORATION OF FIH REGULATION, REPORTING AND RECOGNITION

14.1 Incorporation of FIH Anti-Doping Regulations

The Regulations of HI shall specifically provide that all players, players support personnel and other persons under the jurisdiction of HI shall be bound by these Anti-Doping Regulations.

14.2 Statistical Reporting

HI shall publish annually a general statistical report of its Doping Control activities during the calendar year with a copy provided to FIH.

14.3 Doping Control Information Clearing house

14.3.1 When HI/NADA has received an Adverse Analytical Finding on one of its players, it shall report the following information to FIH and WADA within fourteen (14) days the player’s name, country, whether the test was In-Competition or Out-of-Competition, the date of sample collection and the analytical result reported by the laboratory. HI/NADA shall also regularly update FIH and WADA on the status and findings of any review or proceedings conducted pursuant to Results Management, Right to a Fair Hearing or
Appeals, and comparable information shall be provided to FIH and WADA within 14 days of the notification with respect to other violations of these Anti-Doping Regulations.

14.3.2 Neither FIH nor WADA shall disclose this information beyond those persons within their organisations with a need to know until NADA has made public disclosure or has failed to make public disclosure.

14.4 Public Disclosure

14.4.1 Neither FIH, HI or NADA shall publicly identify players whose Samples have resulted in Adverse Analytical Findings, or who were alleged to have violated other Articles of these Anti-Doping Regulations until it has been determined in a hearing that an anti-doping rule violation has occurred, or such hearing has been waived, or the assertion of an anti-doping rule violation has not been timely challenged or the player has been provisionally suspended. Once a violation of these Anti-Doping Regulations has been established, it shall be publicly reported within 20 days. FIH or NADA must also report within 20 days appeal decisions on an anti-doping rule violation. NADA within the time period for publication, send all NADA hearing and appeal decisions to WADA.

14.4.2 In any case where it is determined, after a hearing or appeal, that the player or other person did not commit an anti-doping rule violation, the decision may be disclosed publicly only with the consent of the player or other person who is the subject of the decision. FIH, HI or NADA shall use reasonable efforts to obtain such consent, and if consent is obtained, shall publicly disclose the decision in its entirety or in such redacted form as the player or other person may approve.

14.4.3 Neither FIH, HI nor NADA or WADA accredited laboratory, or official of either, shall publicly comment on the specific facts of a pending case (as opposed to general description of process and science) except in response to public comments attributed to the player, other person or their representatives.

ARTICLE 15 - Recognition of Decisions by FIH and NADA
Any decision of FIH or NADA regarding a violation of these Anti-Doping Regulations shall be recognized by HI and all National Associations affiliated to FIH, which shall take all necessary action to render such results effective.

ARTICLE 16 - STATUTE OF LIMITATIONS
No action may be commenced under these Anti-Doping Regulations against a player or other person for a violation of an anti-doping rule contained in these Anti-Doping Regulations unless such action is commenced within eight years from the date the violation occurred.
ARTICLE 17 - HI COMPLIANCE REPORTS TO WADA
HI will report to FIH and WADA on its compliance with the Code every second year and shall explain reasons for any noncompliance.

ARTICLE 18 - AMENDMENT AND INTERPRETATION OF ANTI-DOPING REGULATIONS
HI Anti-Doping Regulations may be amended from time to time by the HI Executive Board.

ARTICLE 19 - COMMENCEMENT
Hockey India - Anti Doping Regulations has come into effect from 1 January 2012.
APPENDIX: DEFINITIONS

**ADAMS:** The Anti-Doping Administration and Management System is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.

**Adverse Analytical Finding:** A report from a laboratory or other WADA-approved entity that, consistent with the International Standard for Laboratories and related Technical Documents, identifies in a Sample the presence of a Prohibited Substance or its Metabolites or Markers (including elevated quantities of endogenous substances) or evidence of the use of a Prohibited Method.

**Anti-Doping Organization:** A Signatory that is responsible for adopting rules for initiating, implementing or enforcing any part of the Doping Control process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, other Major Event Organizations that conduct Testing at their Events, WADA, International Federations, and National Anti-Doping Organizations.

**Player:** Any Person who participates in hockey at the international level (as defined by FIH), the national level (as defined by NADA, including but not limited to those Persons in its Registered Testing Pool), and any other player in hockey who is otherwise subject to the jurisdiction of any Signatory or other sports organization accepting the Hl-ADR. All provisions of the HI-ADR, including, for example, testing and therapeutic use exemptions, must be applied to international- and national-level players. Players at all levels of competition should receive the benefit of anti-doping information and education.

**Players Support Personnel:** Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other person working with, treating or assisting an player participating in or preparing for hockey training/competition.

**Atypical Finding:** A report from a laboratory or other WADA approved entity which requires further investigation as provided by the International Standard for Laboratories or related technical documents prior to the determination of an Adverse Analytical Finding.

**CAS:** The Court of Arbitration for Sport.

**Code:** The World Anti-Doping Agency (WADA) Code.

**Consequences of Anti-Doping Rules Violations:** A player's or other Person's violation of an anti-doping rule may result in one or more of the following: (a) Disqualification means the player's results in a particular Competition or Event are invalidated, with all resulting consequences including forfeiture of any medals, points and prizes; (b) Ineligibility means the player or other person is barred for a specified period of time from participating in any Competition or activity or funding and (c) Provisional Suspension means the player or other person is barred temporarily from participating in any competition prior to the final decision at a hearing.

**Doping Control:** All steps and processes from test distribution planning through to ultimate disposition of any appeal including all steps and processes in between such as provision of whereabouts information, Sample collection and handling, laboratory analysis, therapeutic use exemptions, results management and hearings.
In-Competition: Unless provided otherwise in the rules of an International Federation or other relevant Anti-Doping Organization, “In-Competition” means the period commencing twelve hours before a Competition in which the player is scheduled to participate through the end of such Competition and the Sample collection process related to such Competition.

National Anti-Doping Organization: The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of Samples, the management of test results, and the conduct of hearings, all at the national level. This includes an entity, which may be designated by multiple countries to serve as regional Anti-Doping Organization for such countries. If this designation has not been made by the competent public authority(ies), the entity shall be the country’s National Olympic Committee or its designee.

No Advance Notice: A Doping Control which takes place with no advance warning to the player and where the player is continuously chaperoned from the moment of notification through sample provision.

No Fault or Negligence: The player’s establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had used or been administered the Prohibited Substance or Prohibited Method.

No Significant Fault or Negligence: The player’s establishing that his or her fault or negligence, when viewed in the totality of the circumstances and taking into account the criteria for No Fault or Negligence, was not significant in relationship to the anti-doping rule violation.

Out-of-Competition: Any Doping Control which is not In-Competition.

Prohibited List: The List identifying the Prohibited Substances and Prohibited Methods.

Prohibited Method: Any method so described on the Prohibited List.

Prohibited Substance: Any substance so described on the Prohibited List.

Provisional Hearing: An expedited abbreviated hearing occurring prior to a hearing that provides the player with notice and an opportunity to be heard in either written or oral form.

Registered Testing Pool: The pool of top-level players established separately by FIH and NADA-India who are subject to both In-Competition and Out-of-Competition Testing as part of FIH or NADA’s test distribution plan. FIH/NADA shall publish a list that identifies those Athletes included in its Registered Testing Pool either by name or by clearly defined, specific criteria.

Target Testing: Selection of players for Testing where specific players or groups of players are selected on a non-random basis for testing at a specified time.

UNESCO Convention: The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on October 19, 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.